



AUSTRALASIAN
COLLEGE OF
NATURAL THERAPIES

2009 PROSPECTUS



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WELCOME



Janet Olliver
Head of College

ACNT has been a leading provider of health and wellness education since 1982. Leading the way in natural therapy education in Australia; the College was a founding member of the Australian Traditional Medicine Society (ATMS). Now recognised and accredited by a wide range national and international professional bodies, as well as relevant Australian government agencies, ACNT now educates over 1,000 students each year equipping them with the necessary knowledge and skill-sets to commence a successful career in their chosen specialty.

ACNT offers a large range of professional courses in natural health, manual therapies, beauty, spa, sport and fitness, taught by experienced lecturers who are also respected industry practitioners. The high standard of education, delivery methodology coupled with industry standard practical facilities and friendly staff are just a few reasons why students from all corners of the world choose ACNT for their education.

We are proud of our facilities and know you will enjoy studying at our campus which occupies 7 floors in the heart of Sydney city. The college houses a comprehensive student library, computer suite as well as wireless access to the internet, an extensive bookstore and fabulous café.

Our greatest reward has been seeing our students become confident graduates who are sought after by employers and who can aspire to becoming independent practitioners in the future. The extensive practical experience gained throughout the courses, through clinic services made available to the public, means graduates are highly competent in the skills required to practice to a professional standard.

We take pride in being able to offer the specific course you want in the way you want. You have choice in whether you study full-time or part-time, as well as face-to face on campus, by distance or a mixture of both. In addition we offer a variety of combinations of the core courses meaning you can choose a course of study tailored to your own personal interests and aspirations. In this way you might graduate with multiple awards within a shorter timeframe than studying the specialties separately.

It excites me to be the Head of such an innovative and progressive college. Choosing ACNT is the first step in creating the future you want. The academic staff, as well as the student services team, are passionate about what they do and are there every step of the way to help you succeed. With dedication and hard work on your part, we promise to provide you with all we can so you may realize your goals.

Teresa Mitchell-Paterson

Program Director/Lecturer: Natural Therapies

Teresa has been actively involved with the Natural Therapies industry for 25 years. Her wealth of knowledge encompasses private practice, retail management, industry education and public health care lecturing. Over the past five years Teresa has expanded her vocational expertise to include lecturing at ACNT and Western Sydney University. With a solid understanding of the Complementary Health Care industry Teresa brings empirical knowledge into the teaching arena. Her involvement with Complementary Medicine Health Bodies sees her lecturing at many public events. She is vitally interested in assisting ACNT students to excel. Currently she is Program Director for Natural Therapies at ACNT and commits her energies to curriculum excellence.

Amal Badawi

Head Supervisor: Remedial Massage Clinic

Amal has been with ACNT for 3 years and is a Lecturer and Head Supervisor of the Remedial Massage Clinic. She has been successfully practicing as a therapist since 2003 where she incorporates a variety of modalities into her treatments. Whilst working in the corporate IT sector she undertook studies in Nutrition, Remedial Massage and Sports Therapies. After moving into the wellness industry on a full time basis she went on to complete studies in Spa Therapies, Hypnotherapy and Counseling. Amal is passionate about her work and brings the experience of working with clients, managing a therapy centre and running her own business to our students, helping them to integrate the skills they are learning in a safe and nurturing environment. With the superior theoretical and practical training provided by ACNT students finish their qualifications feeling ready and confident to work with the public.

“I really appreciate receiving feedback from former students to say that they are enjoying their work and also from employers telling us how far ahead of other practitioners our students are. Being a Natural Therapist has changed my life in a profound way and I am grateful for the opportunity that it gives me to develop as a person while assisting others in so many ways”

Anthony Turri

Lecturer: Manual Therapies

Anthony completed both a Bachelor of Health Science and Graduate Diploma of Education before he decided he wanted a more hands-on approach to dealing with health.

His recognition of a niche market in the corporate healthcare sector, led him to complete a Diploma of Remedial Massage at ACNT to complement his existing qualifications. He started his own business in 1999, and has since opened further clinics whilst also providing rehabilitation services, and massage services to other clinics and organisations. Currently the owner/operator of the successful HealthCare Group, and a lecturer with ACNT since 2001, Anthony has gone on to hire other ACNT graduates at his various clinics and affiliated businesses throughout Sydney. Anthony says, “I am particularly impressed with the high level of anatomy and physiology taught at the college, it’s comparable to university level training. I have employed many graduates from ACNT over the years, purely based on their skills, knowledge and true understanding of health, fitness and natural therapies.”

Andrew Cooke

Lecturer: Sport and Fitness Therapies

Andrew obtained his qualifications from UTS and Sydney University in Human Movement and Physiotherapy respectively. Along with running his own private practice, he has an extensive working history with premier professional sporting teams such as the Australian Rugby Union and Sydney Swans. As a part-time lecturer at ACNT since 2003, he teaches in the sport, fitness and manual therapy areas, and specializes in sports injuries, exercise physiology, and biomechanics. Andrew says “ACNT students are extensively trained in anatomy, physiology, massage and fitness, and as graduates of the premier college for massage and fitness, are well renowned therapists in Australia and worldwide. Each course is very well constructed to equip students with the necessary theoretical and practical knowledge, to excel in their respective fields. The facilities at ACNT are second to none and the college is held in very high esteem in the professional community”.

Meredith Parkinson

Lecturer: Beauty and Spa

Meredith came to ACNT 3 years ago, bringing with her 20 years experience in the beauty therapy industry. She has worked within major name organisations in the beauty industry, and for many of those in education within those companies. Her drive and enthusiasm for beauty and skincare has seen her continue her own education, recently gaining International qualifications with CIDESCO herself. Meredith has firmed her place in the expert field of facial treatments technology, and continues to grow, as she is currently undertaking an Associate Degree in Dermal Therapies.

She says “Since I have gained international qualifications with a CIDESCO beauty diploma, I am now embracing my career with further challenges and studies in higher education. I have never looked back since I joined the ACNT team, as I am in the position where can impart my passion and knowledge to enthusiastic students as they enter into a wonderful and exciting world of beauty.”

Sylvia Xanthos

Course Advisor

I have studied the Diploma of Remedial Massage and the Advanced Certificate in Nutritional Sciences. I decided to get into the industry after realizing my dream is to help people while promoting health, fitness and wellbeing. I love the Natural Therapies industry and am hoping to also qualify as a Nutritionist in the future. My role at ACNT as a Course Advisor is to help new students thinking of getting into the industry make their decision, with so many different avenues to choose from it is sometimes a bit confusing and that’s where I come in! I enjoy being part of a team that is as passionate about the Natural Therapy industry as the students that come to the college. I am looking to start work as a Massage Therapist part time to gain some experience and in the future I would love to open my own Sports Injury Clinic, and while I’m driving toward my dreams, I am excited to be part of this dynamic team and continue to assist others to achieve their goals of being part of thriving industry.

HOW TO USE THIS PROSPECTUS

How to use this prospectus

Welcome to ACNT's web-enabled Prospectus. This Prospectus should be used in conjunction with the ACNT website. Information such as module lists, pricing, virtual tours and timetables are all available online at www.acnt.edu.au.

Reference Key



Degree pathways available.



Course available for overseas students



Austudy, Abstudy and Youth Allowance approved



The mouse symbol appears throughout this Prospectus to indicate a web-link.

“Our mission is to provide quality natural health and beauty education and to prepare our students for a fulfilling professional career. We are committed to upholding our tradition of providing excellence in natural health and beauty education.”

In 1993 ACNT was the first College in New South Wales to gain VETAB accreditation for the full-time Advanced Diploma of Naturopathy course. This accreditation was a major breakthrough for the natural therapies profession.

In 2003 ACNT became the first natural therapies college in the world to become a CIDESCO International School in beauty therapy.

ACNT has since gained accreditation for all its professional courses. Many courses are also Austudy, Abstudy and Youth Allowance approved. ACNT programs are also recognised by many Australian and international associations such as ITEC and IFA.



Accrediting Associations

Australian Traditional Medicine Society (ATMS) – www.atms.com.au

The Australian Traditional-Medicine Society (ATMS) is Australia's largest professional association of complementary medicine practitioners, representing about 65% of the total complementary medicine profession.

Australian Natural Therapists Association (ANTA) – www.anta.com.au

For over 50 years ANTA has been committed to quality assurance and public safety by maintaining the highest qualification and ethical standards in their members.

National Herbalists Association of Australia (NHAA) – www.nhaa.org.au

Founded in 1920, the NHAA is the oldest natural therapies association in Australia, and the only national professional body of medical herbalists.

Comité International D'Esthetique et Cosmetologie (CIDESCO) – www.cidesco.com

Founded in 1946 with its head office in Zurich, Switzerland CIDESCO is represented in over 33 countries. The CIDESCO Diploma is the world's most prestigious qualification in the field of aesthetics and beauty therapy.

International Therapists Examination Council (ITEC) – www.itecworld.co.uk

ITEC is the largest international examination board offering a variety of qualifications worldwide. ITEC qualifications are supported by industry and are easily transportable nationally and internationally.

International Federation of Aromatherapists (IFA) – www.ifaroma.org

The International Federation of Aromatherapists (IFA) is the longest established organisation for professional aromatherapists in the world.

Practitioner Associations

- Association of Professional Aestheticians Of Australia (APAA)
- Australian Association of Massage Therapists (AAMT)
- Australian Remedial Masseurs (ARM)
- Australasian Spa Association (ASPA)
- Lymphoedema Association of Australia (LAA)

10 reasons why students choose ACNT

- Established in 1982, ACNT has been offering high standards of education for over 25 years.
- ACNT Courses are recognised and accredited by many prestigious industry and government organisations.
- ACNT places high emphasis on practical training. The college comprises of a student clinic and spa facilities that are on par with the industry.
- ACNT offers a comprehensive range of professional courses, taught by experienced academicians and industry practitioners.
- ACNT offers the widest range of courses in all disciplines on natural medicine, manual therapies, Beauty and Spa therapy and Fitness in Australia.
- ACNT has degree pathways with prestigious Australian universities which enables students to further their education.
- ACNT is centrally located in Sydney, situated 3 minutes walk from Central Railway Station.
- ACNT maintains a diverse mixture of nationalities, enriching the multicultural experience for students as they study together.
- Small class sizes allow better interaction between student and lecturer.
- Students practice their skills on real patients working on real cases to enhance their professional experience.

WHERE ARE WE?

North Sydney
Sydney Harbour Bridge
Opera House

We are here
Australasian
College of Natural
Therapies
Surry Hills Campus
57 Foveaux Street
Surry Hills
NSW Australia 2010



Our campus is located in the heart of Surry Hills, an inner Sydney suburb that has long been a melting pot that sums up Australia's magical mix of cultures, heritage and entrepreneurial spirit.

Just a short 3 minute walk to trains and buses at Sydney's busy Central Station, ACNT is close to the Sydney City hustle and bustle. You will find a mixture of business offices as well as residential buildings eateries and shops nearby.

Today the main image is "chic" and "metro" but Surry Hills still diversifies the whole meaning of socio-economics ranging from poor to wealthy and is known for its strong sense of community and togetherness.

You may spot the local television celebrity, sporting hero or one of Australia's leading business tycoons stocking up at their neighbourhood store, chatting with friends at a sidewalk café, soaking in the ambiance of any one of the hotels and restaurants, or browsing the merchandise at the amazing local retail outlets and market stalls.



If you're new to Sydney, you can expect a warm welcome. Sydney is a safe and friendly city with pristine beaches, gorgeous harbour side parks and possibly the most varied cuisine in the world. With the Pacific Ocean in the east and the Blue Mountains in the west, Sydney offers you a wealth of exciting opportunities just waiting to be discovered.



ACNT Student Training Clinic

ACNT believes that graduating students should be provided with thorough clinical training in order to prepare them for their future professional life. To this end, students enrolled in all professional courses are required to complete their clinical hours at ACNT's Student Clinic at the ACNT campus.

The ACNT Student Clinic provides an excellent environment for students to practice their profession with the general public under the supervision of expert practitioners. The Clinic is an enjoyable and enlightening experience for ACNT students and many thousands of satisfied clients can attest that they are delighted with the facilities and the attention that they receive at the Clinic.

ACNT's Student Clinic nurtures the highest standards in professional development, ensuring that ACNT students are highly employable within their chosen profession.

Students at the Clinic treat patients using therapies such as remedial massage, aromatherapy, naturopathy, nutrition, homoeopathy, herbal medicine, iridology, reflexology, spa therapy and natural beauty therapy, under the supervision of qualified clinic supervisors. Throughout their clinic training program, skilled clinic supervisors

monitor each individual student's progress, give tutorials and teach students how to record clinical data and professionally to liaise with their patients and clients.

A wide range of five star beauty and spa treatments are practiced by beauty students which include facials, waxing, manicures, pedicures, Vichy shower treatments and body wraps.

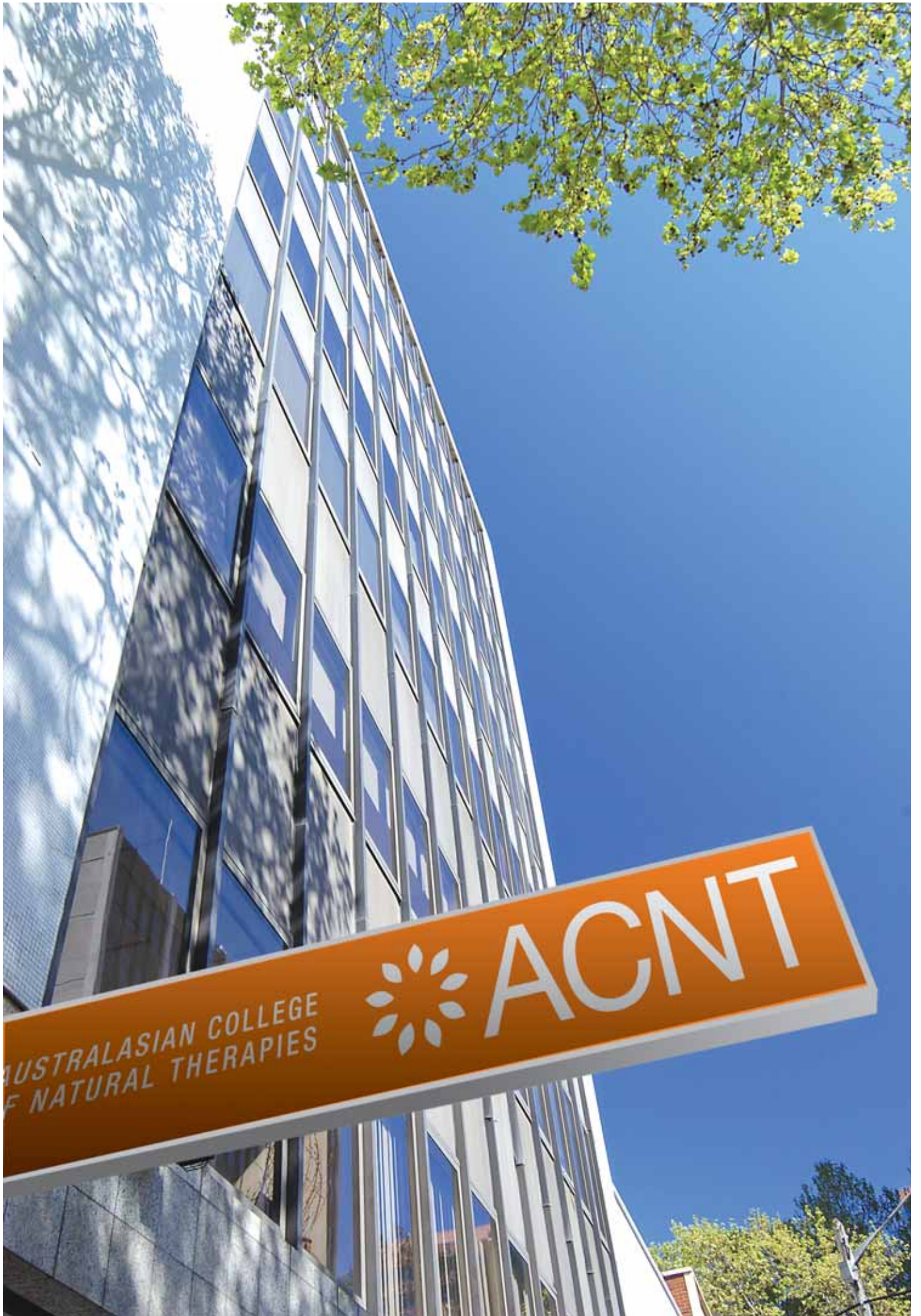
ACNT is very proud of its Clinic and are confident that students who wish to become professional practitioners of natural therapy and beauty therapy will be able to achieve this goal through the experience that they will gain from attending ACNT's 'finishing school'.

When students graduate from ACNT they are not only well versed in the theoretical aspect but also in practice, ensuring they are able confidently to join the natural and beauty therapy industries.

First Aid

All professional courses require first aid training as part of the course curriculum prior to commencing clinical training. Students who are required to complete the module SCI 146 – First Aid – Basic as part of their course may complete this at any approved training provider in NSW.

First aid courses which meet the national competencies – HLTF301B will be recognised for courses requiring first aid training. As a convenience Re-VIVA First Aid and Resuscitation Training delivers this module on ACNT premises. Fees are additional and must be paid directly to Re-VIVA. Information on Re-VIVA courses can be found at ACNT reception.



AUSTRALASIAN COLLEGE
OF NATURAL THERAPIES



ACNT

The campus is a fantastic, fun and interactive place to study. Located in the heart of Surry Hills there are many great opportunities to experience while on campus.

You can make an appointment at any one of our Student Clinics ranging from massage to aromatherapy.

If you feel like a break, head to the student common areas. Or if it's information you need, our campus Library is open and packed full of books, magazines, publications, CDs and DVDs. Additionally, our Library includes more than a dozen computers that makes surfing the net or researching your assignments that much easier. Students can access our wireless network on campus. Printing and copying services are available to students. Then don't forget to visit our Bookshop where all your text books and additional supplies can be purchased.

Hungry? Then Nourish is a must with its food made fresh daily right on campus. Not only can you obtain your daily caffeine boost you can also select from a great range of tasty health foods.

The campus is open from 8am to 9pm Monday to Thursday, 8am to 5pm Friday, during the semester.

Student Representative Council

At ACNT, we understand that you need to a student voice and a life outside of college. The student representative council is responsible for helping students speak up and maintain a balanced lifestyle. This includes organising events such as barbeques, social drinks and various sporting events. Having fun is an intrinsic part of the ACNT experience.

Computer Room

ACNT has up to date computer facilities equipped with flat screen monitors available to all ACNT students. The computers are connected to ACNT's high bandwidth backbone and use high speed Internet facilities. These facilities are all provided free of charge to ACNT students.

Wireless Internet Access

For students with their own notebook computers, ACNT offers high speed wireless Internet access. Access is free of charge and is available in most areas of the Surry Hills campus. Please contact the library for a configuration sheet.

Library/Media Room

The expansion of ACNT's library has allowed for a far more comprehensive reference library of natural medicine and beauty therapy texts. Students may utilise ACNT's library/media room for study and research purposes. These facilities are provided free of charge to ACNT students and the library is open Monday to Friday during semester.

Herbal Medicine, Aromatherapy and Beauty Manufacturing Room

ACNT has a new dedicated Herbal Medicine, Aromatherapy and Beauty Manufacturing Rooms. Students will use the facilities as part of relevant professional courses.

Dispensary

ACNT's Student Clinic has a well equipped dispensary which includes nutritional and herbal supplements, herbal fluid extracts, homoeopathic remedies, Bach Flowers and Australian Bush Flower essences. Students use this dispensary under the guidance of the clinic supervisors. Products are available at a reduced rate for the benefit of students.

ACNT Job Finder

Two of the most frequent questions potential students ask are "What will I be able to do with my qualifications when I graduate?" and "How easily will I be able to find work after I finish my course?" ACNT's Job Finder was created in 1998 and has proven to be a valuable service to students, graduates and employers alike. Updated on a daily basis, you will discover an array of working opportunities both local and international. Many of ACNT's graduates have been employed by well known industry leaders such as Blackmores, Brauers Pharmaceuticals, GNC LiveWell, Voyages, Chiva Som (Thailand) and Steiner Leisure.

Nourish – ACNT Café and Bookstore

Nourish – ACNT's Café and Bookstore located on level one of the Surry Hills campus is a great place to meet friends or take a break in bright, comfortable, aroma filled surroundings. Nourish is your one stop shop for healthy, nutritious food, textbooks, general reading and stationery needs.



“I liked the professionalism of ACNT and the Student Clinic. Given that I was coming from a corporate background this was important to me and I also wanted to ensure that I got my qualifications from a credible institution that would be recognised in Australia and around the world.”

Jane Hills
ACNT Graduate

WHAT OUR STUDENTS HAVE TO SAY

NATURAL MEDICINE



Rosaria Nithart

What course are you studying?

Advanced Diploma of Applied Science (Nutrition). I also plan to study the ACNT Advanced Diploma of Naturopathy.

Why did you decide to do your course?

I wanted to have a career change after more than 15 years spent in corporate business. Last year I strongly felt that I wanted to offer my life a new start, and to have a more interesting career. Nutrition is the basis of everything and

I have always been interested in it; I deeply believe that we are what we eat. If only people were more aware of what they eat, there would be far less diseases.

Are you enjoying your course?

Yes, a lot.

Why did you choose ACNT?

Last summer my husband came back home from the Australian Embassy in Paris with an ACNT Prospectus. I would have never imagined how much my life could have changed in such a short time!

What career do you have in mind when you have completed your course?

I have plenty of ideas about my professional future. It will depend upon many things. However, if I go back to Europe I would like to practise as a nutritionist and naturopath. Another interesting project would be that of teaching young children and their families about the importance of nutrition, I believe it is extremely important that they understand the need of having a healthy diet. The sooner healthy nutrition habits are taken the better for the whole family. Nutrition is prevention and many serious conditions could be greatly avoided with a little effort and more information.

What were you doing before you decided to study?

I worked as Personal Assistant for many international companies in Italy and France.

How has studying at ACNT changed your life/career direction?

Completely, 100%! And the best thing is that once you get started studying natural therapies, you never want to stop studying! This is such a fascinating area and there are so many interesting therapies to learn that the only wish is to increase your knowledge as much as possible.

What is the best part of studying at ACNT?

There is such an international environment, and lecturers are very competent and highly qualified. It is extremely interesting for students to be in touch with therapists who not only share their knowledge and passion with us but also their daily experience as naturopaths and nutritionists. Other interesting aspects are the variety of modules offered by ACNT and the flexibility, thanks to which students can upgrade their courses very easily.

SPORTS AND FITNESS



Marianne Gegeckas

What course are you studying?

ACNT Diploma of Sport (Athlete Support Services).

Why did you decide to do your course?

I have loved and played sports ever since I was a child.

Why did you choose ACNT?

ACNT had a tailor made course that suited me and I liked the fact that I was able to add other modules in addition to my course.

What career do you have in mind when you have completed your course?

I would like to become a sports massage therapist working with sporting people and teams.

Are you enjoying your course?

I love the course and the extra modules I am studying such as Australian Bush Flowers, Bach Flowers and Aromatherapy.

What were you doing before you decided to study?

I was a Personal Assistant for the past three years but the job didn't satisfy me. I was always looking for a career in natural health. After leaving my job I looked around at massage courses and found ACNT.

How has studying at ACNT changed your life/career direction?

The understanding of all the wonderful modules at ACNT has deepened my interest for health and wellbeing even more. Now I definitely know that being a massage therapist is the right path for me.

What is the best part of studying at ACNT?

Deepening my knowledge and meeting many great people!

Is there anything else you'd like to add?

I strongly recommend ACNT to others.

MANUAL THERAPIES

**Martin Roddis****What course are you studying?**

ACNT Diploma of Integrated Body Therapies.

Why did you decide to do your course?

The diploma was so comprehensive it seemed to integrate so many of the subjects that I was interested in and would give me insights into many more that I didn't have a clue about. The comprehensive mix of different modalities, theoretical and practical based content seemed to provide a real balanced approach to the industry.

Why did you choose ACNT?

After extensive research I decided that the depth and quality of the course, together with personal recommendations, that ACNT was the best choice. There are other providers but the international reputation and flexible approach of ACNT made it the only real choice.

What career do you have in mind when you have completed your course?

I have just re-established contact with my old meditation teacher back in England who after finding out I was studying these modalities asked me to help him establish a cleansing centre in Bali.

Are you enjoying your course?

The course has been both enjoyable and informative and it's given me a real taste for education again after being out of the system for over 15 years. I believe that I will be back to ACNT to take up more courses and specialise more in some of the modalities I have only done the basics in.

What were you doing before you decided to study?

I managed my own IT business with offices in England and Australia working long hours and getting very little back in terms of job satisfaction.

How has studying at ACNT changed your life/career direction?

One year ago I did not plan on having a health business in Bali, and being the newest member of staff starting out in a new career. ACNT has given me the opportunity to stop and change the direction my life was going in.

What is the best part of studying at ACNT?

Apart from the great location, it has to be the degree of professionalism from the teaching team and their ability to impart their knowledge in a structured and practically focused manner. The various subjects all seemed to just come together from studying anatomy and physiology to the practical application of that knowledge in class and in the Clinic.

Is there anything else you'd like to add?

Over and above the course structure and content, I would like to say that ACNT has demonstrated on a number of occasions that it's an organisation made up of real people that actually do take an interest and care for the students. www.acnt.edu.au/interviews

BEAUTY THERAPIES

**Jasselle Uy****What course are you studying?**

ACNT Advanced Diploma in Natural Beauty and Spa Therapy.

Why did you decide to do your course?

I have always had an interest in beauty and looking after oneself especially with the use of natural therapies.

Why did you choose ACNT?

ACNT has a prestigious reputation in the industry and is highly regarded as the best college for beauty therapy training with excellent facilities. I wanted to make sure that I was studying with the best the industry has to offer.

What career do you have in mind when you have completed your course?

My dream is set up my own professional day spa with an emphasis on inner health.

Are you enjoying your course?

Yes, very much so - I am definitely enjoying the challenges of study.

What were you doing before you decided to study?

I had enrolled in a number of university courses focusing on languages and I had a couple of part time retail jobs. I eventually discovered that my real interest and passion was in beauty therapy, especially natural approaches to beauty.

How has studying at ACNT changed your life/career direction?

Studying beauty therapy at ACNT has made me realise the importance of inner health. It has also opened my eyes to the endless opportunities available to me in my chosen career.

What is the best part of studying at ACNT?

The best part of studying at ACNT is knowing that I am learning from some of the most knowledgeable and experienced teachers in the industry.

Anything else you'd like to add?

Getting to meet fellow students with interesting and diverse backgrounds adds to the appeal of studying at the ACNT.

WHAT OUR GRADUATES HAVE TO SAY

MANUAL THERAPIES



Natalie Lindenau

What course did you study?

Diploma of Remedial Massage.

Why did you decide to do your course?

I was interested in the natural therapy industry and the Diploma of Remedial Massage was a good course to enter the industry with.

Why did you choose ACNT?

Professionalism and cost effective payment plan.

When you started your course did you have a career in mind?

I wanted to be a Massage Therapist to start with, and then see where that could take me. Since making the decision to become a qualified Remedial Massage Therapist through ACNT, a world of opportunities opened up to me – literally!

What did you do once you finished your course?

Immediately after graduating, I found work alongside a well-respected Physiotherapist in Wollongong. Most of the clientele were football players, amongst private patients, where I acquired 18 months of practical work in mostly sports injuries and deep tissue massage. After those 18 months, I got the travel bug and stumbled across an advertisement on the Job Finder website of ACNT. It read 'Steiner Cruise Ship Employment in the Spa Industry'. I had heard about cruise ship jobs being hard work with low pay and not much time off. However, there was something about this advert that had an air of class about it and made me think twice. I attended interviews and two weeks later I received a letter in the mail stating I had been successful in my application and could I please commence 12 weeks training in London, England. I was ecstatic!

Did you enjoy your position at Steiner Leisure?

In summary, yes it was hard work, however the sights and experiences made it well worth it. The highlights of my time on the ship would definitely be experiencing many European countries, Scandinavia, Russia and of course Africa. I can't forget to mention the cruise that was booked out entirely by a very famous person, who then cancelled at the last minute – a non refundable policy at late notice enabled the cruise to be given to the staff, so we enjoyed the facilities of a 6 Star Cruise Ship amongst the Greek Islands to ourselves for 12 days! And thirdly, the amounts of money to be made were definitely in your sights. If you looked after your guests they would tip very generously.

How has studying at ACNT changed your life/career direction?

It gave me the opportunity to travel and see many parts of the world, which in turn, helps develop a person's maturity. I will always be grateful to ACNT for both providing the professional qualifications, and having such a comprehensive 'Job Finder' section on their website. If it were not for this level of professionalism, I'm sure I would not have been considered for a world-class career and found such a wonderful journey to embark upon.

SPORTS AND FITNESS



David Granata

What course did you study?

Diploma of Sports Injury Therapies, Certificate IV in Massage, Diploma of Sport (Athlete Support Services).

Why did you decide to do your course?

To get into this field and hopefully to get into physiotherapy.

Why did you choose ACNT?

It was recommended to me and the modules being studied in this course sounded interesting and after reading about the College it sounded good.

When you started your course did you have a career in mind?

Yes I wanted to do, and still want to do physiotherapy.

Where do you work?

As a sub-contractor at the International Terminal at Sydney Airport massaging for Turrific Health Services.

What position do you hold?

Massage Therapist.

Do you enjoy your career?

Yes so far so good. I'm enjoying what I do and am getting good feedback off clients.

Would you recommend manual therapies as a career?

Yes definitely, it is a growing industry and very interesting.

What were you doing before you decided to study?

I came straight from school.

How has studying at ACNT changed your life/career direction?

It has moved me closer to my goal and I have earned a qualification whilst doing so.

What do you aim to do in the future?

Study physiotherapy and own my own clinic/practice. If the opportunity arises I would like to work in close relation with a professional sporting team.

What is the best part of your job/career?

Good feedback. When I massage a client the best part is when I receive good feedback, that way I know I've done my job well, and the client is happy. The other great thing is that you can always study more and go forward in your studies.

BEAUTY THERAPIES

**Belinda Novak****What course did you study?**

ACNT Advanced Diploma of Natural Beauty and Nail Therapy.

Why did you decide to do your course?

It has been a lifelong ambition of mine to be a beauty therapist.

Why did you choose ACNT?

My dad suggested I go to ACNT's Career Information Evening and compare colleges. I was actually enrolled at another college and I knew I had to change my enrolment after meeting the staff and seeing how far advanced ACNT is in relation to other beauty colleges. I know I made the right choice.

When you started your course did you have a career in mind?

Most definitely, beauty therapy!

Where do you work?

Tonic Day Spa located inside the Hills Lodge Boutique Hotel, Baulkham Hills, Sydney. I love my job, and my boss! How lucky am I?

What position do you hold?

Beauty Therapist.

Do you enjoy your career?

Absolutely. I love everything about it. Meeting people, the products and the advancement that is always being made in the industry.

Would you recommend beauty therapy as a career?

Yes. If you enjoy meeting people from all walks of life then you'll really enjoy it.

What were you doing before you decided to study?

I worked in retail, telecommunications and sales for over 15 years.

How has studying at ACNT changed your life/career direction?

It has made my dreams a reality. Every day I pinch myself and thank goodness for my good fortune.

What do you aim to do in the future?

Travel overseas with my career, hopefully obtaining work on cruise ships or perhaps come home and build the mobile beauty business I have already kicked off.

What is the best part of your job/career?

Making my clients' days more enjoyable even if for just a short while. Helping them switch off from their stress and troubles.

BEAUTY THERAPIES

**Esther Castell****What course did you study?**

ACNT Advanced Diploma of Natural Beauty and Nail Therapy.

Why did you choose ACNT?

Initially I saw an advertisement in the newspaper and from there I contacted ACNT. It looked like a really great college with excellent facilities. The CIDESCO accreditation was a big draw card, not to mention ACNT's reputation!

Where do you work?

Voyages Lizard Island resort, Great Barrier Reef, Queensland, Australia.

What position do you hold?

Spa Therapist.

Do you enjoy your career?

Yes, very much so, I love it!

Would you recommend working as a beauty/spa therapist?

Yes, I really would. Lizard Island is such a beautiful place, everyone is just lovely. I've made some wonderful friends!

What were you doing before you decided to study?

I was working as a Production Assistant for a fashion company.

How has studying at ACNT changed your life/career direction?

It has changed my life a huge amount, I feel that the world is my oyster now! I am well qualified and I am able to travel with my work. ACNT has really equipped me for work in a five star resort, the lecturers drill the five star service and quality into us and this is invaluable.

GRADUATE SPOTLIGHT

DONALD CAMPBELL



Donald Campbell

Massage Therapist and Company Director

Zenith Wellbeing

Graduated in 2007

Diploma of IBT, Diploma of Remedial,

Post Graduate Spa Therapy and Hot Stones,

ACNT Diploma of Sport

(Athlete Support Services)

After working in the IT industry for 15 years, Donald Campbell decided to leave his UK home and head for the sunny shores of Australia. His goal: to work in the natural therapies field and to live a more holistic and less stressful life.

“The quality of life in Australia really appealed to me, as did the opportunity to start a fresh career path in natural therapies. Basically, I wanted to love what I did for a living and have more time to enjoy life.”

Donald chose to embark on his new career direction at the Australian College of Natural Therapies. He explains, “The College has a very good reputation, both for the curriculum and the high calibre of teachers. I quickly found that the staff support network was outstanding, and the training I received was perfectly aligned to ‘real world’ application.”

Studying a number of different disciplines over his two years at ACNT, Donald graduated in 2006/07, ready to unleash his skill and passion as a professional Massage Therapist. Impressively, he has already set up his own business where he is both a Massage Therapist and Company Director.

“I run the company with two friends and there are three parts to the business: art, interiors and well-being. The latter is the part that I look after, offering professional clinic-based or mobile massage services,” he enthuses.

For now, Donald is more than happy building up the business and enjoying the Australian way of life. However, he hasn’t ruled out further study at ACNT in the future to expand his qualifications.

In the meantime, Donald is keen to offer advice and encouragement to those embarking on an ACNT course.

“Study hard, enjoy the journey and really listen to the insight and knowledge the teachers at ACNT offer. They are amazingly supportive and there to help you every step of the way. And most importantly, be passionate about this exciting and rewarding industry!”

Indeed, Donald is definitely someone who is passionate about his new direction in life, and is a shining example of how far an ACNT qualification can take you.

“The quality of life in Australia really appealed to me, as did the opportunity to start a fresh career path in natural therapies. Basically, I wanted to love what I did for a living and have more time to enjoy life.”

Overseas Students

All courses at ACNT are taught in the English language. ACNT courses require a high level of proficiency in written and oral English.

ACNT requires students to demonstrate an English proficiency equivalent to an IELTS score of 6.0. ACNT has partnered with some of Sydney's premier English language colleges to assist students who may not have sufficient English language capabilities. For more information visit www.acnt.edu.au/affiliates.

Before entering a contract with ACNT, overseas students should read the ESOS framework. A simple explanation of the framework is the Easy Guide to ESOS available online at: http://aei.dest.gov.au/AEI/ESOS/EasyGuide_ESOS.htm

The Department of Education, Employment and Workplace Relations regulates the education and training sector's involvement with overseas students studying in Australia on student visas. It does this through the Education Services for Overseas Students legislative framework. This protects Australia's reputation for delivering quality education services and the interests of overseas students, by setting minimum standards and providing tuition and financial assurance.

The legislation mandates a nationally consistent approach to registering education providers so that the quality of the tuition, and care of students, remains high. The professionalism and integrity of the industry is further strengthened by the ESOS legislation's interface with immigration law. This imposes visa related reporting requirements on both students and providers.

Note: School-aged dependents accompanying you to Australia are required to pay full fees if they are enrolled in either a government or non-government school.



Living in Australia

Living in Sydney is very affordable when you compare it to European or Asian cities. There are many bargains to be found in Sydney which will make sticking to your budget easy.

We recommend that you set aside \$250 – \$300 per week for living expenses, not including accommodation. To help plan your budget, here is a list of what some common purchases cost. You can use an online currency converter at www.xe.com/ucc/ to work out what each price (listed here in Australian Dollars) equals in your own currency.

For more information on living in Australia, including more details on costs of living and accommodation options please visit <http://www.billyblue.com.au/Living-in-Australia/default.aspx>.

Accommodation

There are many options for student accommodation in Sydney. These range from living with a family in homestay accommodation to student residences, shared apartments, or living on your own.

Homestay accommodation – Homestay offer students the opportunity to live with an English speaking family. This is a great way for overseas students to practice their English language skills and learn more about local culture and customs. ACNT works with Meridian Homestay Services. Their contact details are:

407 Sailors Bay Rd,
Northbridge 2063
Telephone +61 2 9958 6344
Fax +61 2 9958 0721
www.meridianhomestay.com
meridian@idx.com.au

Apartment living – many students share apartments or live on their own. It is recommended that students plan to be in Sydney early in order to visit apartments and meet potential flatmates before making a commitment. You may like to book into a hostel for your first few days and then look for share accommodation with others. The following websites will help you get started:

Permanent and temporary accommodation
www.realestate.com.au
www.domain.com.au

Temporary accommodation
www.unilodge.com.au
www.glenferrielodge.com
www.wakeup.com.au

The Choice is Yours

At ACNT there are so many choices to study natural medicine, beauty therapy, manual therapies and sport and fitness. There is a very wide range of courses available and students have the flexibility to create a timetable to suit their lifestyle.

Fixed Programs

This refers to courses that have a structured timetable and are organised so that the modules run consecutively i.e. the modules are run one after the other on the days attended. This option is convenient for most people as it reduces the number of days it is necessary to attend and quite often is the quickest way to complete a course.

Flexible and Online Delivery

Some modules and even entire qualifications can be completed by flexible and online delivery and are ideal for busy people, people who wish to study from anywhere in the world or those with unpredictable schedules. Students can choose to study at their own pace, fixed programs or blended programs (combines face to face and online delivery).

If you would like more information on flexible and online study options please contact a course and careers advisor on 1800 462 268 (Australia), +61 2 9218 8888 (overseas) or visit www.acnt.edu.au.

How to Enrol

Students wishing to enrol for any professional course must send in a completed enrolment form together with the deposit noted for the specific course.

Enrolments are also accepted over the Internet. Please visit the Online Enrolment Centre at www.acnt.edu.au/enrol where the secure form can be used to enrol directly, or print an enrolment form which may be faxed or mailed to ACNT.

Students applying for a professional course must have completed their high school matriculation examination or be eligible for mature age entry, i.e. aged 21 years or over at course commencement date. Students who are under the age of 18 at the commencement of a course require an interview with ACNT.

Fixed Program

A course must be selected from the Prospectus or from the ACNT website. Then complete an enrolment form or enrol online www.acnt.edu.au/enrol

Course credits

Recognition of related academic achievements and informal learning for course credit are available. Certified testamurs and transcripts are required from recognised education institutions. Contact your Course and Careers Advisor or Agent for an application form and details on the process.

Enrolment for overseas students

Enrolment at ACNT is the first step before applying for a visa. A student can enrol at ACNT by fax, mail or over the Internet. A printable enrolment form can be downloaded at www.acnt.edu.au/downloads or enrol electronically at www.acnt.edu.au/enrol

To enrol a minimum payment of one half year's fees for the course together with the \$450 enrolment fee, plus funds for the compulsory OSHC is required.

Japanese and Korean Course Advice

Course advice is available in both Japanese and Korean.

日本語でのご質問、お問い合わせは japan@acnt.edu.au までご連絡ください

korea@acnt.edu.au

europe@acnt.edu.au

Toll Free Numbers

ACNT can be called toll free from some countries. Please note that course advisors are available during normal office hours in Australian Eastern Standard Time (AEST), Monday to Friday.

USA 1 866 257 3290

UK 0800 028 9931

New Zealand 0800 446 589

From other countries please call +61 2 9218 8888 (call charges apply) or e-mail overseas@acnt.edu.au

Courses Available for overseas students

ACNT has a number of full-time, nationally accredited courses which have been approved for the acceptance of overseas students.

If alternate visa arrangements are able to be made overseas students may be eligible to study other courses. Please check with overseas Student Recruitment at ACNT.

“ACNT has a prestigious reputation in the industry and is highly regarded as the best college for beauty therapy training with excellent facilities. I wanted to make sure that I was studying with the best the industry has to offer.”

Jaselle Uy
ACNT Student

	Course	Duration	Page	O/S
NATURAL MEDICINE	ACNT Advanced Diploma of Naturopathy <i>Please see the course information page for nested awards</i>	3 years full-time	20	•
	Advanced Diploma of Western Herbal Medicine <i>NTIS HLT60107 CRICOS NSW064193A</i>	2 years full-time	21	•
	Advanced Diploma of Homoeopathy <i>NTIS HLT60607</i>	3 years part-time	22	•
	Advanced Diploma of Nutritional Medicine <i>NTIS HLT61007 CRICOS NSW061975F</i>	2 years full-time	23	•
	ACNT Advanced Diploma of Nutritional and Herbal Medicine <i>Please see the course information page for nested awards</i>	2 years full-time	24	•
	ACNT Advanced Diploma of Aromatic Medicine <i>Please see the course information page for nested awards</i>	2 years full-time	25	•
SPORTS AND FITNESS	ACNT Diploma of Fitness and Diploma of Remedial Massage <i>Please see the course information page for nested awards</i>	2 years full-time	26	•
	ACNT Diploma of Fitness and Diploma of Sport (Athlete Support Services) <i>Please see the course information page for nested awards</i>	2 years full-time	27	•
	ACNT Diploma of Fitness <i>Please see the course information page for nested awards</i>	1 year full-time	28	•
	ACNT Diploma of Sport (Athlete Support Services) <i>Please see the course information page for nested awards</i>	1 year full-time	29	•
	ACNT Certificate IV in Fitness <i>Please see the course information page for nested awards</i>	25 weeks full-time	30	•
	Certificate III in Fitness <i>NTIS SRF30206 CRICOS NSW061370B</i>	20 weeks full-time	31	•
MANUAL THERAPIES	ACNT Diploma of Integrated Body Therapies <i>Please see the course information page for nested awards</i>	1 year full-time	33	•
	ACNT Diploma of Remedial Massage and Spa Therapy <i>Please see the course information page for nested awards</i>	1 year full-time	34	•
	Diploma of Remedial Massage <i>NTIS HLT50307 CRICOS NSW064195K</i>	1 year full-time	35	•
	ACNT Diploma of Kinesiology <i>Please see the course information page for nested awards</i>	1 year full-time	36	•
	ACNT Diploma of Aromatherapy <i>Please see the course information page for nested awards</i>	1 year full-time	37	•
	ACNT Diploma of Reflexology <i>Please see the course information page for nested awards</i>	1 year full-time	38	•
	Certificate IV in Massage Therapy Practice <i>NTIS HLT40307 CRICOS NSW064194M</i>	15 weeks full-time plus clinic	39	•
	Certificate IV in Kinesiology <i>NTIS HLT42807 CRICOS NSW061980J</i>	20 weeks full-time	40	•
	Certificate IV in Aromatherapy <i>NTIS HLT42707 CRICOS NSW061977D</i>	15 weeks plus full-time clinic	41	•
BEAUTY THERAPIES	ACNT Advanced Diploma of Natural Beauty, Spa and Aromatherapy <i>Please see the course information page for nested awards</i>	1 year full-time	45	•
	ACNT Advanced Diploma of Natural Beauty and Spa Therapy <i>Please see the course information page for nested awards</i>	1 year full-time	46	•
	ACNT Advanced Diploma of Natural Beauty, Spa and Nail Therapy <i>Please see the course information page for nested awards</i>	1 year full-time	47	•
	Diploma of Beauty Therapy <i>NTIS WRB50105 CRICOS NSW061377F</i>	9 months full-time	48	•
	Certificate IV in Beauty Therapy <i>NTIS WRB40105 CRICOS NSW061979B</i>	20 weeks full-time	49	•

NATURAL MEDICINES

EMPLOYER FOCUS: BLACKMORES

Blackmores

Blackmores began in the 1930s in Queensland, Australia and was the vision and passion of Australia's pioneering naturopath, Maurice Blackmore. The company is customer-focused and inspires people to take control of, and invest in, their health and wellbeing. Blackmores is a leader in developing and marketing products, both consumer and practitioner-only brands, and services that deliver a more natural approach to health based on expertise in vitamins, minerals, herbs and other nutrients.

The core belief of taking a holistic approach to managing one's health is evident in many of the activities the company undertakes in supporting staff and the community. As an example, Blackmores Naturopathic Advisory Service is staffed by qualified naturopaths and has taken more than 55,000 calls from consumers, health professionals and pharmacy staff over the past year as well as responding to more than 10,000 email requests for health advice.

The company is strongly committed to research and development. An expanded research program is progressing rapidly with continued support for many studies and trials for the efficacy of both existing products (for further conditions) and products on the drawing board.

Blackmores has been listed as one of the top employers in Australia, winning a Hewitt Best Employers Award for 2005. As a company Blackmores has long recognised the importance of retaining high quality staff and keeping the workforce motivated and passionate.

Career development and training within the company is strongly supported.

Marcus Blackmore, chairman of Blackmores Ltd. believes "There is nothing more natural than good health - that's the message my father and our company, Blackmores, have been delivering for more than 70 years. I believe education and accreditation are vital to our industry's credibility and growth."



“For over 20 years, Australasian College of Natural Therapies has contributed to raising standards, training people and building links between those individuals and organisations who have an interest in a more natural approach to health. I am proud that Blackmores has had such a long association with you”

Marcus Blackmore , Chairman
Blackmores Ltd.

**An Interview with Pam Stone,
Director of Education, Blackmores**

What can ACNT graduates expect when starting work with Blackmores?

ACNT graduates can expect to work with like-minded people who are committed to promoting and applying the principles of naturopathy.

Where can they work?

Qualified naturopaths are employed in several departments within the company, including Education and Advisory, Professional, New Product Development, Technical, Sales and Scientific Affairs.

What is the quality of ACNT graduates?

ACNT graduates working at Blackmores display a professional approach and demonstrate a high standard of knowledge of natural therapies.

What are the career prospects for graduates?

ACNT graduates who take up a role within Blackmores can find excellent career opportunities in different areas of the company. Our Naturopathic Advisory Service employs qualified naturopaths in either part or full time roles, our Training Department offers opportunities to develop a career in training people at all levels, from healthcare professionals such as GPs, pharmacists, naturopaths, to trade and consumer training. Naturopaths are employed in our Professional Department, in Product Development and technical areas as medical writers and in sales roles.

Additional qualifications in business or marketing would also place a graduate in an excellent position to take on roles in other areas of the company. Blackmores employs more naturopaths than any other company in the world.

Is there anything else that you would like to add?

Blackmores places the highest importance on education, as we strive to motivate people to take control of their own health and wellbeing. We applaud the emphasis of ACNT in providing quality educational programs, to equip graduates with skills and direction that will allow them to lead fulfilling professional lives, to make a positive difference to the health of others, and to assist in establishing natural healthcare solutions as the first choice for all Australians.



“ACNT offered, and still continues to offer a more science based course, which I see as essential for working in healthcare. Studying at ACNT has enabled me to follow my career path of choice. The sheer breadth of study offered has given me the scope I needed to specialise and to develop my skills early on in my career.”

Alison Bull, ACNT Graduate
Product Development, Technical Support
Blackmores Ltd.

NATURAL MEDICINES

ACNT ADVANCED DIPLOMA OF NATUROPATHY



Please refer to the key on page 4



ACNT Advanced Diploma of Naturopathy

Course Information

Nominal duration for fixed program: 3 years full-time.
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning



THINK AUSTRALASIAN
COLLEGE OF
NATURAL THERAPIES

Qualifications Awarded

Nationally Recognised Training Qualifications:

Advanced Diploma of Naturopathy

NTIS Code: HLT60507, CRICOS Code: 064192B

Advanced Diploma of Western Herbal Medicine

NTIS Code: HLT60107, CRICOS Code: 0064193A

Advanced Diploma of Homoeopathy

NTIS Code: HLT60607

Advanced Diploma of Nutritional Medicine

NTIS Code: HLT61007, CRICOS: 061975F

ACNT Qualification:

ACNT Advanced Diploma of Naturopathy



THINK AUSTRALASIAN
COLLEGE OF
NATURAL THERAPIES

What is Naturopathy?

Naturopathy is an umbrella term that encompasses many forms of complementary and natural medicine modalities. The three major modalities within naturopathy are nutrition, homoeopathy and herbal medicine. A naturopath is a person who practices several of these forms or modalities and who also has a solid grounding in the medical sciences.

ACNT trained naturopaths are holistic practitioners who throughout this course gain extensive knowledge in a variety of health sciences including chemistry, biochemistry, pathology, symptomatology, diagnosis and pharmacology. In addition to these health sciences a wide range of natural therapies subjects such as herbal medicine, nutrition, homoeopathy, iridology and other naturopathic modalities are also taught ensuring that ACNT graduates are highly regarded professionals.

Upon successful completion of this course graduates will be awarded the following qualifications: the ACNT Advanced Diploma of Naturopathy, the Advanced Diploma of Naturopathy, the Advanced Diploma of Western Herbal Medicine, the Advanced Diploma of Homoeopathy and the Advanced Diploma of Nutritional Medicine.

The modules may be studied face to face or by Flexible and Online Learning, or a combination of the two.

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Clinic Training

Each qualification requires the completion of internal and/or external clinical hours. Please contact a course advisor for details.

First Aid

All courses require the completion of 'Apply First Aid - HLTFA301B'.

Course Inclusions

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish - ACNT's Café and Bookstore.

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/6NP.

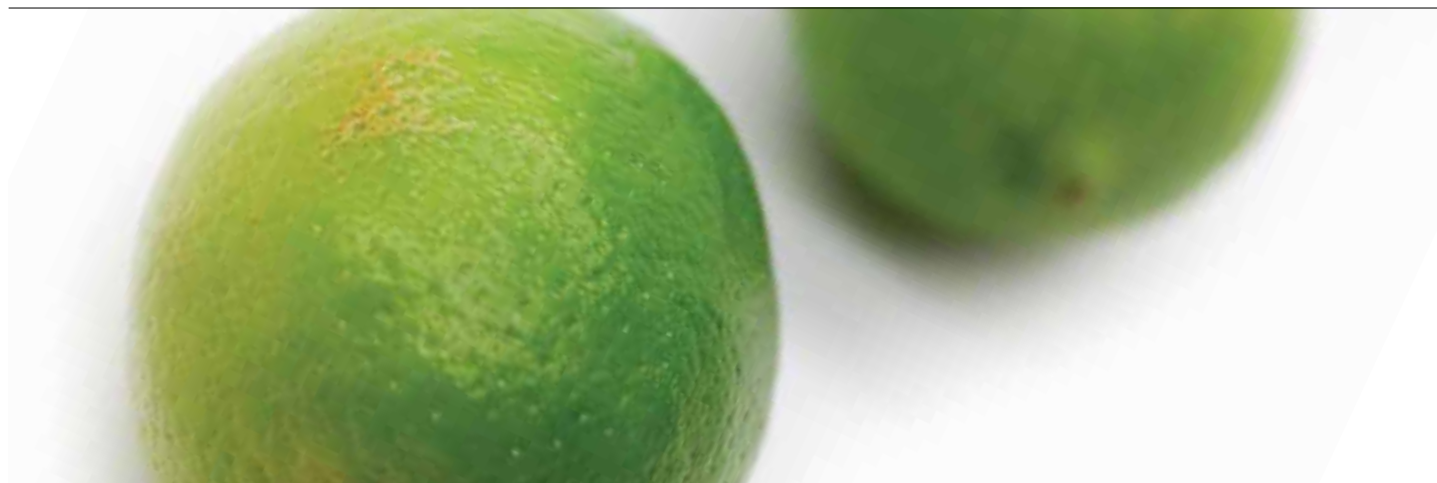


NATURAL MEDICINES

ADVANCED DIPLOMA OF WESTERN HERBAL MEDICINE



Please refer to the key on page 4



Advanced Diploma of Western Herbal Medicine

Course Information

NTIS CODE: HLT60107
CRICOS CODE: 064193A

Nominal duration for fixed program: 2 years full-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:
Advanced Diploma of Western Herbal Medicine
NTIS Code: HLT60107, CRICOS Code: 0064193A



What is Herbal medicine?

Herbalists are trained in the use of herbal medicines using a combination of hundreds of years of experience and modern scientific methods to help promote health and restore balance in disease. Herbalists believe that using complex herbs rather than isolated constituents ensures a much more effective and holistic treatment.

This course is based on the western herbal medicine tradition which reaches back to Greek and Roman times and beyond to Ancient Egypt. Students will learn the principles of plant identification, actions, indications and prescriptions of hundreds of herbs, as well as how to manufacture a range of herbal preparations.

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid - HLTF301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish – ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/6HM.



NATURAL MEDICINES

ADVANCED DIPLOMA OF HOMOEOPATHY



Please refer to the key on page 4



Advanced Diploma of Homoeopathy

Course Information

NTIS CODE: HLT60607

Nominal duration for fixed program: 3 years part-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:
Advanced Diploma of Homoeopathy
NTIS Code: HLT60607



What is Homoeopathy?

The central theme of homoeopathy is the principal of 'similia similibus curantur' which translates as 'like cures like'. Homoeopathy is a system of medicine that works by giving patients a dilute dose of a substance that in a cruder form would cause symptoms similar to that which the patient is experiencing. Homoeopathy has been used successfully on humans as well as animals.

The preparation of homoeopathic medicine is a unique procedure with the medicines in some instances being diluted beyond a measurable level. At this point medicines increase their therapeutic potential with their side effects being simultaneously minimised.

This course is designed to take students from the most fundamental theoretical basis to a level of being a safe and competent homoeopathic practitioner. Studies will focus on classic homoeopathic principles including history and philosophy, intensive materia medica (the study of homoeopathic medicines, case taking and prescribing), pharmacy, manufacturing of remedies, and clinical application.

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid - HLTF301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish - ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/6HO.



NATURAL MEDICINES

ADVANCED DIPLOMA OF NUTRITIONAL MEDICINE



Please refer to the key on page 4



Advanced Diploma of Nutritional Medicine

Course Information

NTIS CODE: *HLT61007*
CRICOS CODE: *061975F*

Nominal duration for fixed program: 2 years full-time
For flexible delivery and evening options consult a course advisor
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:
Advanced Diploma of Nutritional Medicine
NTIS Code: HLT61007, CRICOS: 061975F



What is Nutrition?

Natural nutrition is an understanding of the metabolic pathways involved in the breakdown of ingested nutrients and how many disease states may be prevented by correcting the deficiency state using diet and vitamin, mineral and amino acid supplements.

This is a very comprehensive course with advanced training in nutrition and diet related fields, health sciences, diagnostics as well as treatment modalities.

Some of the areas covered include nutritional management in renal, cardiovascular, gastrointestinal, endocrine and immune disorders, palliative care, pregnancy and paediatrics; diagnostic laboratory techniques, iridology, symptomatology and diagnosis modules as well as counselling. Other treatment modalities include Bach Flowers, Australian Bushflowers and Schuessler Tissue Salts.

Upgrade Pathway

Graduates of this course may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- ACNT Advanced Diploma of Naturopathy
- Advanced Diploma of Western Herbal Medicine
- Advanced Diploma of Homoeopathy

To learn more please contact a course advisor.

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid - HLTF301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish – ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/6NU.





Please refer to the key on page 4



ACNT Advanced Diploma of Nutritional and Herbal Medicine

Course Information

Nominal duration for fixed program: 2 years full-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:

Advanced Diploma of Nutritional Medicine

NTIS Code: HLT61007, CRICOS Code: 061975F

Advanced Diploma of Western Herbal Medicine

NTIS Code: HLT60107, CRICOS Code: 06193A

ACNT Qualification:

ACNT Advanced Diploma of Nutritional and Herbal Medicine



What is Nutritional and Herbal Medicine?

This is a unique course combining two Advanced Diplomas – Advanced Diploma of Nutritional Medicine and Advanced Diploma of Western Herbal Medicine – into a manageable two year full-time program.

In this course students will study advanced sciences including pathology, symptomatology and diagnosis, physical examination, chemistry and biochemistry amongst others.

The curriculum also covers the nutritional and herbal management of haematological, hepatobiliary, integumentary, and psychiatric disorders amongst many others.

Together with extensive clinical practice this program will ensure that graduates are highly trained professionals able to draw on two very powerful and effective treatment modalities – nutrition and herbal medicine.

Upgrade Pathway

Graduates can very easily upgrade to the ACNT Advanced Diploma of Naturopathy simply by completing the remaining homoeopathy modules and homoeopathy clinic hours. To learn more please contact a course advisor.

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University..

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid - HLTF301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish – ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/6NH.



NATURAL MEDICINES

ACNT ADVANCED DIPLOMA OF AROMATIC MEDICINE



Please refer to the key on page 4



ACNT Advanced Diploma of Aromatic Medicine

Course Information

Nominal duration for fixed program: 2 years full-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:

Advanced Diploma of Aromatic Medicine

NTIS Code: HLT60907, CRICOS Code 061974G

Advanced Diploma of Western Herbal Medicine

NTIS Code: HLT60107, CRICOS Code 064193A

Certificate IV in Aromatherapy

NTIS Code: HLT42707, CRICOS Code 061977D

ACNT Qualification:

ACNT Advanced Diploma of Aromatic Medicine



What is Aromatic Medicine?

Aromatherapy is the scientific use of pure volatile chemical substances known as 'essential oils,' which have been prized for their fragrance as well as their restorative effects on the body, mind and spirit for thousands of years. These essential oils have long been recognised as therapeutically beneficial for oral ingestion. However, until now this therapeutic technique has neither been recognised nor taught in Australia.

ACNT has designed this course to include the Advanced Diploma of Western Herbal Medicine, making this not only the most comprehensive course but the first of its kind to be offered in Australia.

Students will develop an in-depth understanding of an extensive range of essential oils and application methods, operating within the relevant legislative and regulatory requirements. The comprehensive curriculum for this course includes study in advanced sciences including anatomy and physiology, symptomatology and diagnosis, as well as advanced clinical aromatherapy and aromatic pharmacy.

Graduates will be able to enter the workforce as independent practitioners, having the ability to prescribe herbal medicine remedies together with essential oils for both topical and internal use, enabling practitioners' unprecedented options for a wide range of health problems. At this level graduates may provide treatment to clients with specific needs such as palliative care, aged care, women and children and may undertake research activities.

Upgrade Pathway

Graduates receive an Advanced Diploma of Aromatic Medicine (accredited by ANTA) and the Advanced Diploma of Western Herbal Medicine (accredited by NHAA). Graduates of this course may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- Advanced Diploma of Nutritional Medicine
- ACNT Advanced Diploma of Naturopathy

To learn more please contact a course advisor.

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid - HLTFA301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish - ACNT's Café and Bookstore.

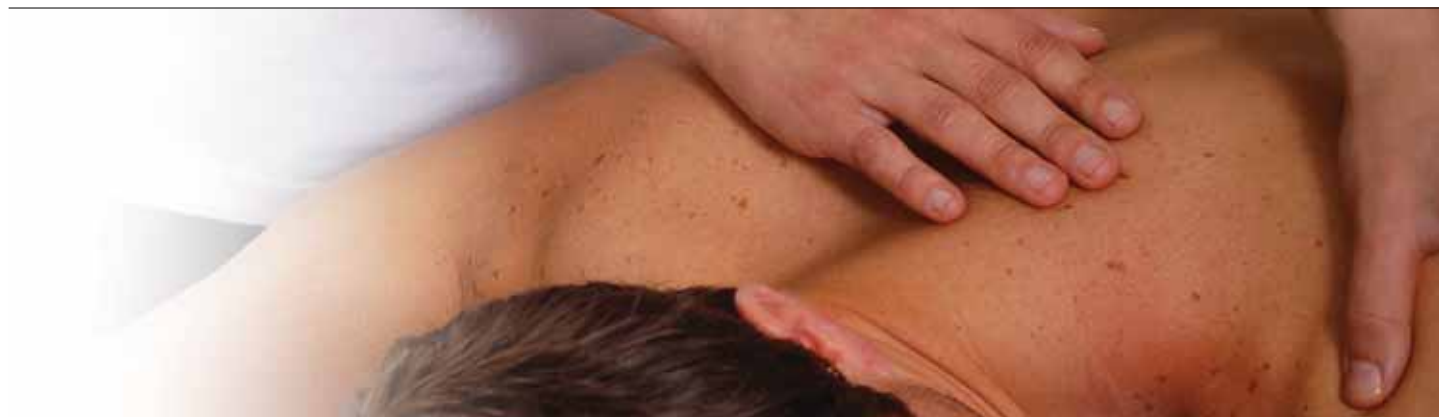
Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/6AR.





Please refer to the key on page 4



ACNT Diploma of Fitness and Diploma of Remedial Massage

Course Information

Nominal duration for fixed program: 2 years full-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning

Qualifications Awarded

Nationally Recognised Training Qualifications:

Diploma of Fitness

NTIS Code: SRF50206, CRICOS Code: 064863A

Diploma of Remedial Massage

NTIS Code: HLT50307, CRICOS Code: 064195K

Certificate IV in Fitness

NTIS Code: SRF40206, CRICOS Code: 061371A

Certificate III in Fitness

NTIS Code: SRF30206, CRICOS Code: 061370BT

ACNT Qualification:

ACNT Diploma of Fitness and Diploma of Remedial Massage



What is Fitness and Remedial Massage?

With both fitness and remedial massage training, students will have a broad range of complementary skills to use in advanced personal or group fitness training and to be able to work in a wide variety of environments.

The Diploma of Fitness teaches leadership and self-direction skills to enable graduates to effectively plan and initiate programs. Students will specialise in fitness instruction for rehabilitation and for special populations such as the elderly, injured persons and those with cardiac and respiratory conditions, and develop injury prevention regimes.

The Diploma of Remedial Massage component of this course involves the use of massage therapy and a wide range of diagnostic techniques to treat a variety of ailments pertaining to the musculoskeletal system. A remedial massage practitioner has the ability to provide a comprehensive treatment plan based on their ability to determine the underlying cause of many musculoskeletal problems.

Students will be taught to deal with a range of musculoskeletal problems utilising basic and advanced massage techniques such as trigger

points, sports injury treatments, myofascial release and lymphatic drainage. A strong emphasis is placed on anatomy, pathology, as well as symptomatology and diagnosis.

Upgrade Pathway

Graduates may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- ACNT Diploma of Sport (Athlete Support Services)
- ACNT Diploma of Integrated Body Therapies

To learn more please contact a course advisor.

Students completing this course are eligible to complete ITEC qualifications. Visit www.acnt.edu.au/itec for more information.

Degree Pathway

Graduates of this course may also upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Clinic Training and First Aid

This course requires the completion of practical clinical training hours, practical group and personal training hours, the completion of 'Apply First Aid – HLTF301B' and 'Advanced First Aid'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in the entire course will receive ACNT's own massage DVD, an ACNT t-shirt that must be worn during clinical training, a container of ACNT massage balm and two towels that must be brought clean to each lecture.

Students paying module by module may purchase these items from Nourish – ACNT's Café and Bookstore

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish – ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/5FM.



SPORTS AND FITNESS

ACNT DIPLOMA OF FITNESS AND DIPLOMA OF SPORT (ATHLETE SUPPORT SERVICES)



Please refer to the key on page 4



ACNT Diploma of Fitness and Diploma of Sport (Athlete Support Services)

Course Information

Nominal duration for fixed program: 2 years full-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:

Diploma of Fitness

NTIS Code: SRF50206, CRICOS Code: 064863A

Diploma of Sport (Athlete Support Services)

NTIS Code: SRS50406, CRICOS Code: 064862B

Diploma of Remedial Massage

NTIS Code: HLT50307, CRICOS Code: 064195K

Certificate IV in Fitness

NTIS Code: SRF40206, CRICOS Code: 061371A

Certificate III in Fitness

NTIS Code: SRF30206, CRICOS Code: 061370BT

ACNT Qualification:

ACNT Diploma of Fitness and Diploma of Sport
(Athlete Support Services)



What is Fitness and Sport?

This course is ideal for people who are interested in rehabilitation as graduates are able to provide a complete service. Graduates will be able to work in an extremely wide variety of environments in both the fitness and the sporting worlds, including coaching and managing sporting teams.

With both fitness and remedial massage training, you will have a broad range of complementary skills to use in advanced personal or group fitness training and be able to work in a wide variety of environments.

The ACNT Diploma of Fitness and Diploma of Sport (Athlete Support Services) teaches leadership and self-direction skills to enable graduates to effectively plan and initiate programs. Students will also learn sports nutrition, sports psychology and sports taping techniques to assist athletes in both the rehabilitation process after an injury and as a means of future injury prevention.

In addition, this course also includes sports management which teaches the development,

implementation and management of sports programs and athlete services. The sports management component is an important part of the program and gives students a distinct advantage in the field of sports.

Upgrade Pathway

Graduates may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- ACNT Diploma of Integrated Body Therapies

To learn more please contact a course advisor.

Degree Pathway

Graduates of this course may also upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Clinic Training and First Aid

This course requires the completion of practical clinical training hours, practical group and

personal training hours, the completion of 'Apply First Aid – HLTF301B' and 'Advanced First Aid'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in the entire course will receive ACNT's own massage DVD, an ACNT t-shirt that must be worn during clinical training, a container of ACNT massage balm and two towels that must be brought clean to each lecture.

Students paying module by module may purchase these items from Nourish – ACNT's Café and Bookstore

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish – ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/5FS.



SPORTS AND FITNESS

ACNT DIPLOMA OF FITNESS



Please refer to the key on page 4



ACNT Diploma of Fitness

Course Information

Nominal duration for fixed program: 1 year full-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:

Diploma of Fitness

NTIS Code: SRF50206, CRICOS Code: 064863A

Certificate IV in Massage Therapy Practice

NTIS Code: HLT40307, CRICOS Code: 064194M

Certificate IV in Fitness

NTIS Code: SRF40206, CRICOS Code: 061371A

Certificate III in Fitness

NTIS Code: SRF30206, CRICOS Code: 061370BT

ACNT Qualification:

ACNT Diploma of Fitness



What is Fitness?

The Government accredited Diploma of Fitness course is setting a new standard in the fitness arena. By recognising the growing rate of discussion based around personal health and fitness the Fitness Industry Training package is streamlining education to ensure high standards are delivered.

This course is great for those who wish to be advanced personal or group fitness trainers and be able to work in a wide variety of environments. Leadership and self-direction skills will be taught to enable graduates to effectively plan and initiate programs. Students will specialise in fitness instruction for rehabilitation and for special populations such as the elderly, injured persons and those with cardiac and respiratory conditions, and develop injury prevention regimes.

By combining fitness with massage, students stand to gain a deeper understanding of how each part of the body interacts with a fitness program. On completion of the Diploma of Fitness course graduates will be qualified massage therapists and will be able to offer clients an added specialisation.

This qualification may lead to employment in the following areas:

- Fitness Specialist
- Gym Operations Manager
- Fitness/Gym Program Manager
- Massage Therapist

Upgrade Pathway

Graduates of this course may upgrade to other qualifications at ACNT and to a degree through ACNT's arrangements with Charles Sturt University. Graduates may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- Diploma of Remedial Massage
- ACNT Diploma of Sport (Athlete Support Services)
- ACNT Diploma of Integrated Body Therapies

To learn more please contact a course advisor.

Students completing this course are eligible to complete ITEC qualifications. Visit www.acnt.edu.au/itec for more information.

Clinic Training and First Aid

This course requires the completion of practical clinical training hours, practical group and personal training hours, the completion of 'Apply First Aid - HLTA301B' and 'Advanced First Aid'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in the entire course will receive ACNT's own massage DVD, an ACNT t-shirt that must be worn during clinical training, a container of ACNT massage balm and two towels that must be brought clean to each lecture. Students paying module by module may purchase these items from Nourish - ACNT's Café and Bookstore

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish - ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/5FT.

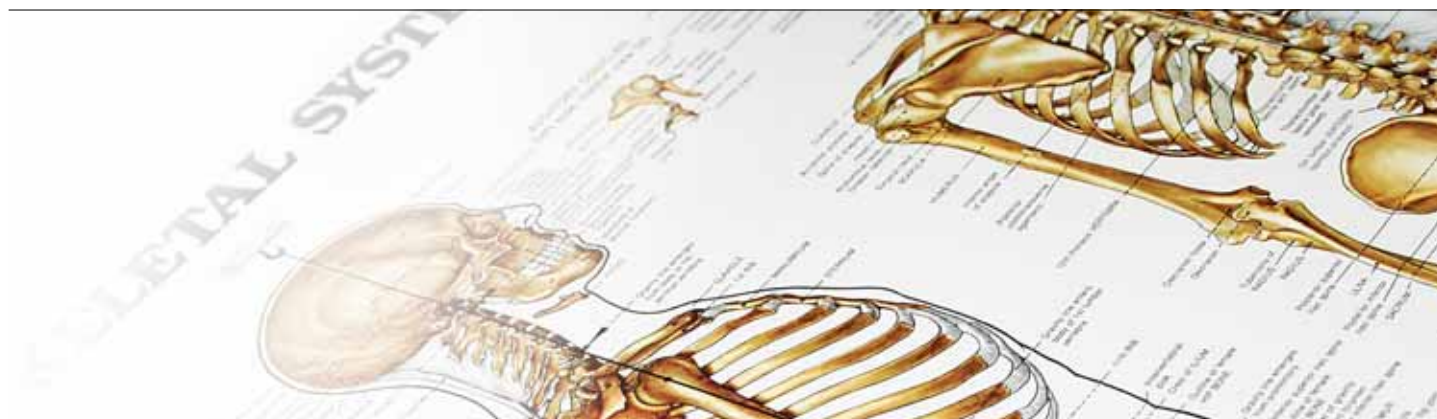


SPORTS AND FITNESS

ACNT DIPLOMA OF SPORT (ATHLETE SUPPORT SERVICES)



Please refer to the key on page 4



ACNT Diploma of Sport (Athlete Support Services)

Course Information

Nominal duration for fixed program: 1 year full-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:
Diploma of Sport (Athlete Support Services)
NTIS Code: SRS50406, CRICOS Code: 064862B
Diploma of Remedial Massage
NTIS Code: HLT50307, CRICOS Code: 064195K



ACNT Qualification:
ACNT Diploma of Sport (Athlete Support Services)



What is Sport (Athlete Support Services)?

This course is a comprehensive massage qualification and is designed to equip students with the necessary skills to enter the diverse world of sport. Australia is a great sporting nation, consisting of not only the many great athletes but also vast networks of individuals who support the athletes, assisting them in realising their dreams.

In addition to the full curriculum of the Diploma of Remedial Massage, students will learn how to use sports massage across a wide range of sporting activities making this course ideal for aspiring coaches, trainers and sports massage therapists. Students will also learn sports nutrition, sports psychology and sports taping techniques to assist athletes in both the rehabilitation process after an injury and as a means of future injury prevention.

This course also includes sports management which teaches the development, implementation and management of sports programs and athlete services as well as staff management, project planning, establishing, maintaining and reviewing records, market research and risk analysis.

Students studying this course have the opportunity to work with many exciting organisations and sporting teams. In the past ACNT students have worked with the elite

Sydney Swans Football Club and Sydney Football Club as part of their clinic training. These experiences are invaluable to students in shaping them as sports massage therapists and will prepare them to deal with a diversity of sporting injuries and conditions.

Graduates of this course may be eligible to sit ITEC (International Therapy Examination Council) Diploma examinations. Fees are payable. ITEC is a leading UK based accreditation body.

Upgrade Pathway

Graduates of this course may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- ACNT Diploma of Fitness
- ACNT Diploma of Integrated Body Therapies
- ACNT Diploma of Remedial Massage and Spa Therapy

To learn more please contact a course advisor.

Degree Pathway

Graduates of this course may upgrade to either a Bachelor of Clinical Practice (Paramedic) degree or a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Clinic Training and First Aid

This course requires the completion of practical clinical training hours and the completion of 'Apply First Aid - HLTF301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in the entire course will receive ACNT's own massage DVD, an ACNT t-shirt that must be worn during clinical training, a container of ACNT massage balm and two towels that must be brought clean to each lecture.

Students paying module by module may purchase these items from Nourish - ACNT's Café and Bookstore

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish - ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/5MS.



SPORTS AND FITNESS

ACNT CERTIFICATE IV IN FITNESS



Please refer to the key on page 4



ACNT Certificate IV in Fitness

Course Information

Nominal duration for fixed program: 9 months full-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:

Certificate IV in Fitness

NTIS Code: SRF40206, CRICOS Code: 061371A

Certificate III in Fitness

NTIS Code: SRF30206, CRICOS Code: 061370BT

ACNT Qualification:

ACNT Certificate IV in Fitness



What is Certificate IV in Fitness?

The Certificate IV in Fitness at ACNT trains students to become personal trainers. Graduates will be able to operate their own personal training business as well as being a member of a larger organisation such as a gym or fitness centre. Graduates will use the leadership skills learnt in this course to work with smaller groups and in less controlled situations.

This course includes the full curriculum of the Certificate III in Fitness. Students will also learn more advanced fitness modules such as fitness for special populations and personal training. In addition the course covers sports psychology, symptomatology and diagnosis for sports injuries and business administration.

Add an ACNT Specialisation

ACNT has a wide range of courses for people wishing to specialise in certain areas. These courses offer a significant broadening of skills creating additional career opportunities.

The following specialisation may be added to this course quite easily:

- ACNT Advanced Certificate in Nutritional Sciences

Upgrade Pathway

Graduates of this course may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- ACNT Diploma of Fitness (incorporates Certificate IV in Massage Therapy Practice)
- ACNT Diploma of Sport (Athlete Support Services)
- ACNT Diploma of Fitness and Diploma of Remedial Massage (dual qualification)
- ACNT Diploma of Fitness and Diploma of Sport (Athlete Support Services) (dual qualification)

To learn more please contact a course advisor.

Students completing this course are eligible to complete ITEC qualifications. Visit www.acnt.edu.au/itec for more information.

Clinic Training and First Aid

This course requires the completion of 'Apply First Aid – HLTFA301B' and 'Advanced First Aid'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in the entire course will receive ACNT's own massage DVD, an ACNT t-shirt that must be worn during clinical training, a container of ACNT massage balm and two towels that must be brought clean to each lecture.

Students paying module by module may purchase these items from Nourish – ACNT's Café and Bookstore

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish – ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/4FT.



SPORTS AND FITNESS

CERTIFICATE III IN FITNESS



Please refer to the key on page 4



Certificate III in Fitness

Course Information

NTIS CODE: SRF30206

CRICOS CODE: 061370B

Nominal duration for fixed program: 26 weeks full-time

For flexible delivery options consult a course advisor.

Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:

Certificate III in Fitness

NTIS Code: SRF30206, CRICOS Code: 061370BT



What is Certificate III in Fitness?

This course provides an introduction to the fitness industry. With this qualification, graduates will be able to work in a gym or fitness centre as a group fitness instructor. Other areas that these graduates can play a supporting role include health screening, client inductions and floor walking.

Add an ACNT Specialisation

ACNT has a wide range of courses for massage therapists wishing to specialise in certain areas. These courses offer a significant broadening of skills creating additional career opportunities.

The following specialisation may be added to this course quite easily:

- ACNT Advanced Certificate in Nutritional Sciences

Upgrade Pathway

Graduates of this course may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- Certificate IV in Fitness
- ACNT Diploma of Fitness (incorporates Certificate IV in Massage Therapy Practice)
- ACNT Diploma of Sport (Athlete Support Services)
- ACNT Diploma of Fitness and Diploma of Remedial Massage (dual qualification)
- ACNT Diploma of Fitness and Diploma of Sport (Athlete Support Services) (dual qualification)

To learn more please contact a course advisor.

Students completing this course are eligible to complete ITEC qualifications. Visit www.acnt.edu.au/itec for more information.

Clinic Training and First Aid

This course requires the completion of practical group and personal training hours, the completion of 'Apply First Aid - HLTF301B' and 'Advanced First Aid'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in the entire course will receive ACNT's own massage DVD, an ACNT t-shirt that must be worn during clinical training, a container of ACNT massage balm and two towels that must be brought clean to each lecture.

Students paying module by module may purchase these items from Nourish - ACNT's Café and Bookstore

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish - ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/3FT.

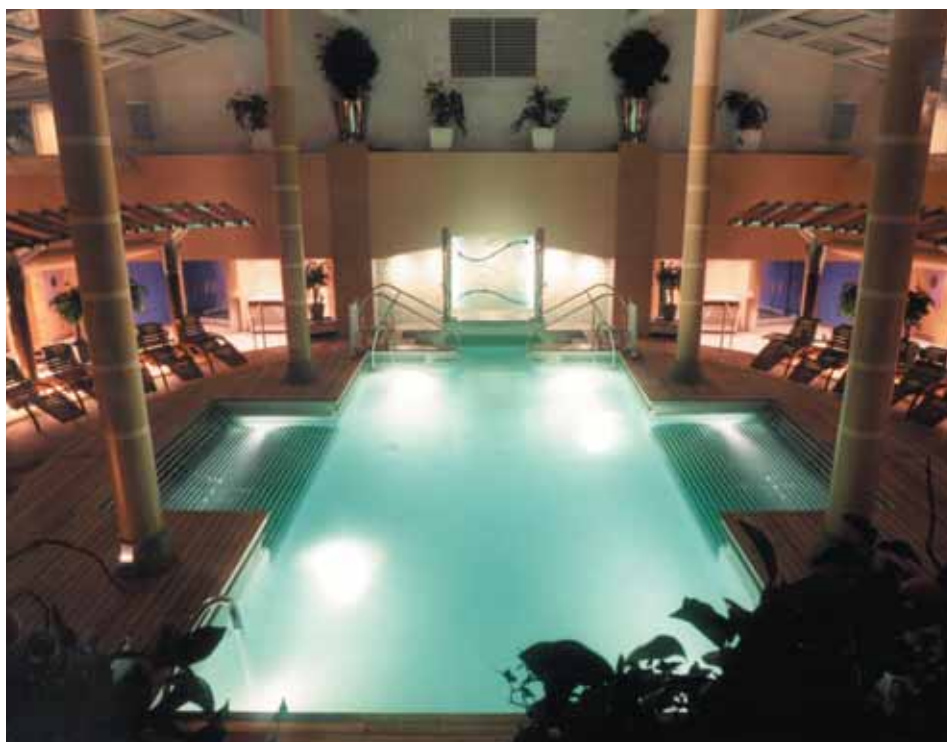


MANUAL THERAPIES

EMPLOYER FOCUS: STEINER LEISURE



Steiner



Steiner Leisure

US-based Steiner Leisure is a global organisation that operates one of the largest networks of spas in the world. Their portfolio includes spas in cities and resorts around the world as well as the largest network of spas on cruise liners in the world.

Founded in 1901 by Herman Steiner in London, Steiner Leisure operates spas under many different brands including:

Elemis Day Spas – Includes spas in London, England, and Las Vegas, Connecticut and Florida in the USA.

Mandara Spas – an upmarket, luxury spa chain located mostly in major hotels in exotic locations such as Aruba, the Bahamas, Thailand, Fiji, Indonesia, Malaysia, Guam, Saipan, Tahiti, Moorea, Bora Bora and Hawaii. Mandara Spas at Sea operate spas on the deluxe Silver Sea Cruises, Norwegian Cruise Lines and Orient Line.

Steiner Spas at Sea – Steiner is the world's largest operator of spas on cruise ships, running over 100 spas for around 19 of the world's best known cruise lines including Carnival Cruise Line, Celebrity Cruises, Cunard Cruise Line, Disney Cruise Line, Holland America Lines, Orient Cruises, Princess Cruises, Radisson Seven Seas, Royal Caribbean Cruise Line and Windstar Cruises.

In order to operate these spas Steiner Leisure requires a veritable army of massage and beauty therapists. Steiner chooses to source their therapists only from the world's best colleges, including Australasian College of Natural Therapies (ACNT).

ACNT graduates are hand picked to attend Steiner's own training facility in London, England for rigorous training before being given their assignment, whether it be providing massage services in a land based spa in Bora Bora or providing beauty therapy services whilst sailing around the Caribbean.

"I will always be grateful to ACNT for being so professional and having such a comprehensive 'Job Finder' on their website. If it were not for this level of professionalism, I'm sure I would not have been considered for a world-class career and found such a wonderful journey to embark upon."

– Natalie Lindenau
ACNT Graduate
Therapist, Steiner Leisure

By appointment to Queen Elizabeth II
Hairdressers
Steiner Group London

An interview with Janine Leigh, Recruitment Manager Australasia, Steiner Leisure

What can ACNT graduates expect when starting work with Steiner?

Hard work! We put all our staff through an intensive three to six week training program in London, England prior to joining our five star spa teams. On joining a vessel staff can expect to work a five day week plus continuous training onboard. Our Spas run at the highest possible standard and our staff can expect to be part of the finest spa teams whilst travelling the world and getting paid for it!

Where can they work?

All over the world.

What is the quality of ACNT graduates?

ACNT graduates are of a high quality and work well within our five star environment.

What are the career prospects for graduates?

We have an excellent Management Training Program as well as many career opportunities such as Operations, land based resort spas worldwide, trainers, sales etc.

Is there anything else that you would like to add?

Ensure you sign up today to become part of the best industry in the world!

www.acnt.edu.au/affiliates

MANUAL THERAPIES

ACNT DIPLOMA OF INTEGRATED BODY THERAPIES



Please refer to the key on page 4



ACNT Diploma of Integrated Body Therapies

Course Information

Nominal duration for fixed program: 1 year full-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:

Diploma of Remedial Massage

NTIS Code: HLT50307, CRICOS Code: 064195K

Certificate IV in Aromatherapy

NTIS Code: HLT42707, CRICOS Code: 061977D

ACNT Qualification:

ACNT Diploma of Integrated Body Therapies



What is Integrated Body Therapies?

Integrated Body Therapies encompasses a wide variety of therapies that involve the physical manipulation of the muscles and fascia of the body as well as stimulation of energy flow and organ systems. Such therapies include remedial massage, reflexology, shiatsu, trigger point therapy, and exercise therapy.

This is the most comprehensive course in Integrated Body Therapies on offer in Australia today and is for the student who wants to study a large number of subjects relating to the musculoskeletal system. Students will learn a variety of techniques such as remedial massage, shiatsu, lymphatic drainage, trigger point therapy, aromatherapy, reflexology, exercise therapy, myofascial release.

This course includes the full curriculum of the Diploma of Remedial Massage course from the National Health Training Package HLT07 and graduates receive this qualification in addition to their Diploma of Integrated Body Therapies. Students also complete the full Certificate IV in Aromatherapy curriculum and additionally receive this qualification.

This course is compliant with the national standards for massage practitioners. These standards may be required by some health

funds, employers and associations as well as other colleges' and universities' recognition programs for further study.

The Diploma of Integrated Body Therapies course allows graduates to practice as remedial massage practitioners and has a very high level of recognition with employers in Australia.

Upgrade Pathway

Graduates of this course may be eligible to sit ITEC (International Therapy Examination Council) Diploma, IFA International or IFA Australia examinations. Fees are payable. ITEC and IFA International are leading UK based accreditation bodies.

Graduates of this course may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- ACNT Diploma of Fitness
- ACNT Diploma of Sport (Athlete Support Services)

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid – HLTF301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in the entire course will receive ACNT's own massage DVD, an ACNT t-shirt that must be worn during clinical training, a container of ACNT massage balm and two towels that must be brought clean to each lecture.

Students paying module by module may purchase these items from 'Nourish – ACNT's Café and Bookstore'

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish – ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/5BW.



MANUAL THERAPIES

ACNT DIPLOMA OF REMEDIAL MASSAGE AND SPA THERAPY



Please refer to the key on page 4



ACNT Diploma of Remedial Massage and Spa Therapy

Course Information

Nominal duration for fixed program: 1 year full-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:

Diploma of Remedial Massage

NTIS Code: HLT50307, CRICOS Code: 064195K

ACNT Qualification:

ACNT Diploma of Remedial Massage and
Spa Therapy



What is Remedial Massage and Spa Therapy?

This course is the integration of remedial massage therapy techniques with spa therapy skills to prepare students for an exciting career in the multi billion dollar world-wide spa therapy industry. Massage therapists with spa therapy skills are in demand in day spas and medi-spas not only in Australia but internationally.

In addition to completing the full Diploma of Remedial Massage course (refer to page 35) students will learn spa operations, body treatments and a wide range of spa therapy treatments such as Vichy Shower, body wraps and scrubs.

ACNT has invested heavily in facilities and equipment specifically for spa therapy training. ACNT's Spa Therapy Training Facility is a 'day spa within a classroom', with floor to ceiling wrap around glass providing an unparalleled training environment for spa and massage therapists.

Students studying this course will also learn stone therapy, which is a treatment using heated and chilled carved stones. Students will learn various massage techniques that can be performed using different stones for added benefits that would not be possible with the therapist's own hands.

Upgrade Pathway

Graduates of this course may be eligible to sit ITEC (International Therapy Examination Council) Diploma examinations. Fees are payable. ITEC is a leading UK based accreditation body.

Graduates of this course may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- ACNT Diploma of Fitness
- ACNT Diploma of Sport (Athlete Support Services)

Degree Pathway

Graduates of this course may also upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid - HLTF301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in the entire course will receive ACNT's own massage DVD, an ACNT t-shirt that must be worn during clinical training, a container of ACNT massage balm and two towels that must be brought clean to each lecture.

Students paying module by module may purchase these items from 'Nourish - ACNT's Café and Bookstore'

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish - ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/5MP.



MANUAL THERAPIES

DIPLOMA OF REMEDIAL MASSAGE



Please refer to the key on page 4



Diploma of Remedial Massage

Course Information

NTIS CODE: HLT50307
CRICOS CODE: 064195K

Nominal duration for fixed program: 1 year full-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:
Diploma of Remedial Massage
NTIS Code: HLT50307, CRICOS Code: 064195K



What is Remedial Massage?

Remedial Massage involves the use of massage and a wide range of diagnostic techniques to treat a variety of ailments pertaining to the musculoskeletal system. A remedial massage practitioner has the ability to provide a comprehensive treatment plan based on their ability to determine the underlying cause of many musculoskeletal problems.

Students will be taught to deal with a wide range of musculoskeletal problems utilising basic and advanced massage techniques such as trigger points, sports injury treatments, myofascial release and lymphatic drainage. A strong emphasis is placed on anatomy, basic pathology, as well as symptomatology and diagnosis protocols.

This highly comprehensive course is part of the Nationally Recognised Health Training Package HLT07. This course is compliant with the national standards for massage practitioners and has a very high level of recognition with employers in Australia.

Upgrade Pathway

Graduates may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- ACNT Diploma of Integrated Body Therapies
- ACNT Diploma of Fitness
- ACNT Diploma of Sport (Athlete Support Services)

To learn more please contact a course advisor.

Degree Pathway

Graduates of this course may upgrade to the Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid - HLTF301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in the entire course will receive ACNT's own massage DVD, an ACNT t-shirt that must be worn during clinical training, a container of ACNT massage balm and two towels that must be brought clean to each lecture.

Students paying module by module may purchase these items from 'Nourish - ACNT's Café and Bookstore'

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish - ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/5MA.



MANUAL THERAPIES

ACNT DIPLOMA OF KINESIOLOGY



Please refer to the key on page 4



ACNT Diploma of Kinesiology

Course Information

Nominal duration for fixed program: 1 year full-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:

Diploma of Kinesiology

NTIS Code: HLT51507, CRICOS Code: 061983F

Certificate IV in Massage Therapy Practice

NTIS Code: HLT40307, CRICOS Code 064194M

ACNT Qualification:

ACNT Diploma of Kinesiology



What is Kinesiology?

Kinesiology originated from chiropractic and applied kinesiology and follows the Chi energy principles of Traditional Chinese Medicine. This form of kinesiology identifies underlying imbalances for the treatment of a number of health problems including stress, muscular and skeletal disorders and emotional issues.

The qualification provides competence in kinesiology practice, allowing the practitioner to develop advanced skills in a specialised area. This will enable graduates to be self-employed as independent practitioners, work within a larger health service or be involved in undertaking research activities.

Students will develop knowledge of interactions with other treatments and the skills of critical appraisal; and may “dispense” vibrational medicine, as well as supervise other kinesiologists. They will also learn a variety of techniques such as remedial massage, trigger point therapies and exercise therapy which will enhance their clinical skills.

This course also includes the full curriculum of the Certificate IV in Massage Therapy Practice from the National Health Training Package (refer to page 39 for details).

Upgrade Pathway

Graduates may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- Diploma of Remedial Massage

To learn more please contact a course advisor.

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid - HLTF301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in the entire course will receive ACNT's own massage DVD, an ACNT t-shirt that must be worn during clinical training, a container of ACNT massage balm and two towels that must be brought clean to each lecture.

Students paying module by module may purchase these items from 'Nourish - ACNT's Café and Bookstore'

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish - ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/5KI.



MANUAL THERAPIES

ACNT DIPLOMA OF AROMATHERAPY



Please refer to the key on page 4



ACNT Diploma of Aromatherapy

Course Information

Nominal duration for fixed program: 1 year full-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:

Diploma of Aromatherapy

NTIS Code: HLT51407, CRICOS Code: 061982G

Certificate IV in Massage Therapy Practice

NTIS Code: HLT40307, CRICOS Code: 06419M

ACNT Qualification:

ACNT Diploma of Aromatherapy



What is Aromatherapy?

Aromatherapy is the scientific use of pure volatile chemical substances known as 'essential oils'. Essential oils have been prized for their fragrance as well as their restorative effects on the body, mind and spirit for thousands of years. An aromatherapist is trained in various applications of these essential oils.

This internationally accredited training program is ideal for those people wishing to become highly qualified clinical practitioners of aromatherapy and is an extension of the Certificate IV in Aromatherapy course.

This course includes advanced training in areas such as aromatherapy for the aged and infirm, pregnancy, labour and infancy and reflexology plus highly specialised subjects covering the advanced clinical application of essential oils and clinical aromatherapy modules dealing with aromatherapy treatment for different organ systems and advanced prescribing techniques.

This course also includes the full curriculum of the Certificate IV in Massage Therapy Practice from the National Health Training Package (refer to page 39 for details).

Upgrade Pathway

Graduates may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- ACNT Advanced Diploma of Aromatic Medicine
- Diploma of Remedial Massage
- ACNT Diploma of Integrated Body Therapies
- ACNT Diploma of Remedial Massage and Spa Therapy

To learn more please contact a course advisor.

Graduates of this course may be eligible to sit IFA International and IFA Australia examinations. Fees are payable.

Degree Pathway

Graduates of this course may upgrade to other qualifications at ACNT and to a degree through ACNT's arrangement with Charles Sturt University.

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid – HLTF301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in the entire course will receive ACNT's own massage DVD, an ACNT t-shirt that must be worn during clinical training, a container of ACNT massage balm and two towels that must be brought clean to each lecture.

Students paying module by module may purchase these items from 'Nourish – ACNT's Café and Bookstore'

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish – ACNT's Café and Bookstore.

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/5AR.



MANUAL THERAPIES

ACNT DIPLOMA OF REFLEXOLOGY



Please refer to the key on page 4



ACNT Diploma of Reflexology

Course Information

Nominal duration for fixed program: 1 year full-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:

Diploma of Reflexology

NTIS Code: HLT51707, CRICOS Code: 061986C

Certificate IV in Massage Therapy Practice

NTIS Code: HLT40307, CRICOS Code: 064194M

ACNT Qualification :

ACNT Diploma of Reflexology



What is Reflexology?

Reflexology is based on the principle that the hands and feet reflect aspects of the human body. Through its unique techniques, reflexology can tune and balance the body through use of the thumb and fingers on the various reflex areas. Reflexology benefits are many and may include techniques to relieve stress and tension, improve blood supply and

This qualification provides competence in reflexology practice and covers the general provision of reflexology treatment as well as treatment for clients with specific needs such as palliative care and aged care. Graduates of this course may be self-employed as independent practitioners or work in a larger health service and may supervise other reflexologists.

This course also includes the full curriculum of the Certificate IV in Massage Therapy Practice from the National Health Training Package (refer to page 39 for details).

Upgrade Pathway

Graduates receive a ACNT Diploma of Reflexology may then upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- ACNT Diploma of Aromatherapy
- Diploma of Remedial Massage

To learn more please contact a course advisor.

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid - HLTF301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in the entire course will receive ACNT's own massage DVD, an ACNT t-shirt that must be worn during clinical training, a container of ACNT massage balm and two towels that must be brought clean to each lecture.

Students paying module by module may purchase these items from Nourish – ACNT's Café and Bookstore or online at www.acnt.edu.au/nourish

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish – ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/5RF.



MANUAL THERAPIES

CERTIFICATE IV IN MASSAGE THERAPY PRACTICE



Please refer to the key on page 4



Certificate IV in Massage Therapy Practice

Course Information

NTIS CODE: HLT40307

CRICOS CODE: 064194M

Nominal duration for fixed program: 15 weeks full-time

For flexible delivery options consult a course advisor.

Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:

Certificate IV in Massage Therapy Practice

NTIS Code: HLT40307, CRICOS Code: 064194M



What is Massage?

Massage is the process of physical manipulation of muscle tissue resulting in increased blood flow and reduced tension, which in turn leads to greater healing ability, fewer aches and pains and a general sense of health and wellbeing.

This course integrates deep tissue therapeutic massage techniques with exercise therapy and sciences including anatomy and physiology, pathology and symptomatology and diagnosis.

Upgrade Pathway

Graduates may upgrade to the following qualifications with advanced standing for modules already studied:

- ACNT Diploma of Fitness
- ACNT Diploma of Kinesiology
- Diploma of Remedial Massage
- ACNT Diploma of Aromatherapy

To learn more please contact a course advisor.

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid - HLTF301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in the entire course will receive the same materials as in the Diploma of Remedial Massage course. Students paying module by module may purchase these items from 'Nourish - ACNT's Café and Bookstore'.

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish - ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/4MA.



MANUAL THERAPIES

CERTIFICATE IV IN KINESIOLOGY



Please refer to the key on page 4



Certificate IV in Kinesiology

Course Information

NTIS CODE: HLT42807
CRICOS CODE: 061980J

Nominal duration for fixed program: 20 weeks full-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:
Certificate IV in Kinesiology
NTIS Code: HLT42807, CRICOS Code: 061980J



What is Certificate IV in Kinesiology?

This qualification covers the skills needed to be an independent kinesiology practitioner who works with balancing energy through acupuncture meridians and with simple bodywork such as stimulating reflexes and muscle movements. It provides skills in kinesiology health assessment and balancing. It offers the level of skill required to be an independent practitioner, or alternatively be employed by another practitioner or within a larger health service, clinic or aged care facility.

Upgrade Pathway

Graduates receive a Certificate IV in Kinesiology and may then upgrade to the ACNT Diploma of Kinesiology and/or undertake other ACNT qualifications to build on their skills. To learn more please contact a course advisor.

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid - HLTF301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in the entire course will receive the same materials as in the Diploma of Kinesiology course. Students paying module by module may purchase these items from 'Nourish - ACNT's Café and Bookstore.'

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish - ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/4KI.



MANUAL THERAPIES

CERTIFICATE IV IN AROMATHERAPY



Please refer to the key on page 4



Certificate IV in Aromatherapy

Course Information

NTIS CODE: HLT42707
CRICOS CODE: 061977D

Nominal duration for fixed program: 15 weeks full-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:
Certificate IV Diploma of Aromatherapy
NTIS Code: HLT42707, CRICOS Code: 061977D



What is Aromatherapy?

Aromatherapy is the art of using the parts of a plant that produce its distinctive volatile aromatic chemicals, known as 'essential oils', in a wide variety of functions. An aromatherapist is trained in various applications of these essential oils.

This course provides a broad base in aromatherapy and covers the principles and application of aromatherapy as well as the underlying science. Students will learn the chemistry and pharmacology of essential oils, their actions, indications and contraindications, aromatherapy massage, as well as anatomy and physiology, basic pathology and symptomatology.

Upgrade Pathway

Graduates may upgrade to the ACNT Diploma of Aromatherapy, with advanced standing for modules already studied.

Graduates of this course may be eligible to sit IFA International and IFA Australia examinations. Fees are payable. To learn more please contact a course advisor.

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid - HLTF301B'. Please refer to page 7 for more information.

Course Inclusions

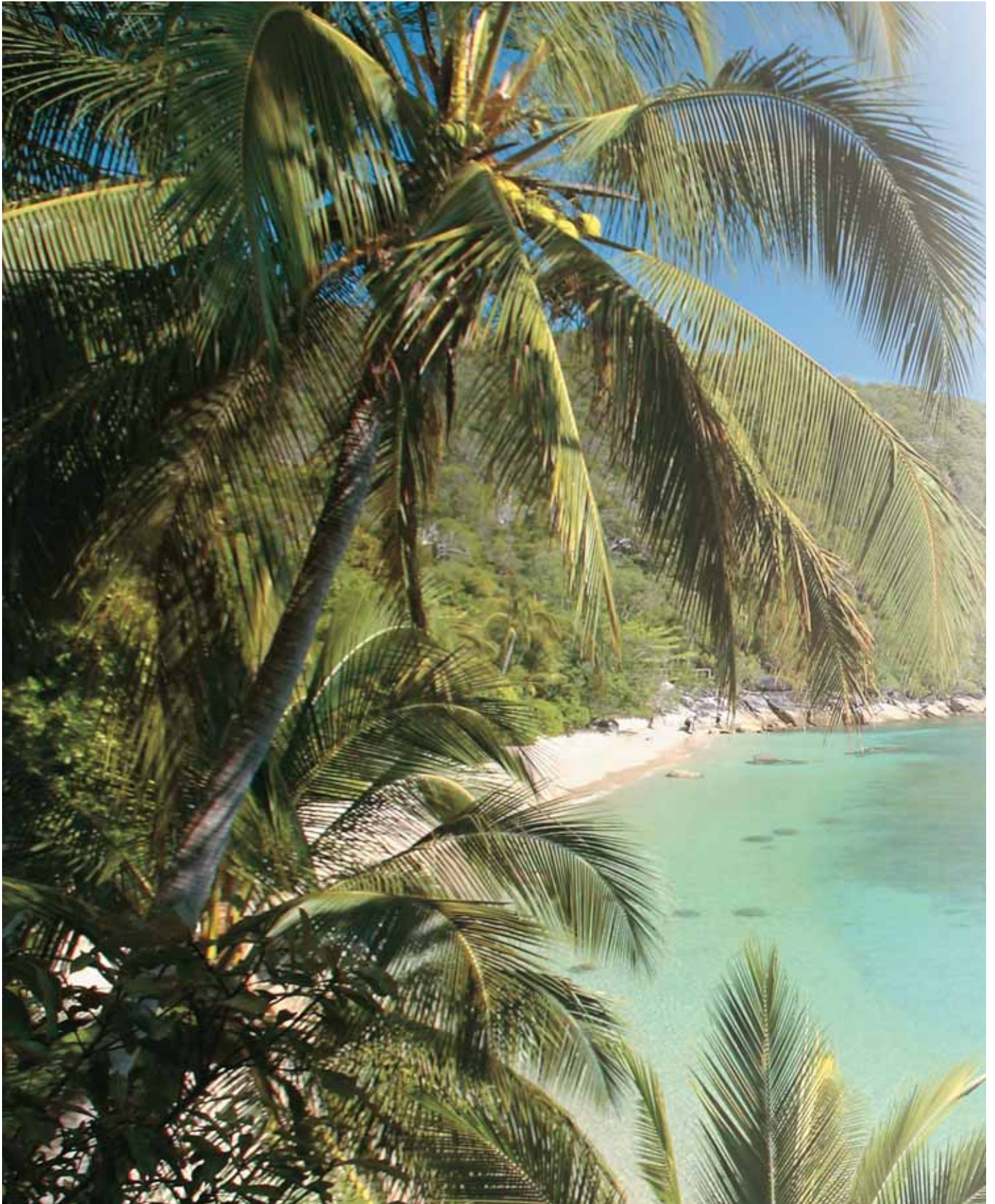
Students enrolling in the entire course will receive the same materials as in the Diploma of Aromatherapy course. Students paying module by module may purchase these items from 'Nourish - ACNT's Café and Bookstore.'

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish - ACNT's Café and Bookstore.

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/4AR.





Voyages Hotels and Resorts

Voyages is a unique Australian travel company offering premium holiday experiences in some of Australia's most remote and breathtaking locations. The company operates award-winning tours and resorts in spectacular natural surroundings from the red heart of Central Australia, the soothing green depths of the Daintree Rainforest, the vibrant colours of the Great Barrier Reef, to the vast canyons and rugged alpine mountains of Tasmania. Voyages is singularly focussed on providing guests with incredible, memorable experiences, which they would not be able to enjoy anywhere else in Australia.

The resorts are located in some of the most sensitive and complex ecosystems of Australia and as such the company has made a commitment to nurture, protect and share these environments and cultural destinations through a sustainable environmental tourism practice and by respect for and support of the local cultures in which it operates.

With Australia's largest range of luxurious resort spas Voyages boasts the greatest number of spa treatment rooms within Australia enabling significant career opportunities for massage, spa and beauty therapists throughout the portfolio of hotels and resorts.

The Voyages lifestyle includes working and playing in some of Australia's most desirable ecotourism environments, some of them located in the heart of designated World Heritage sites or National Parks. Imagine being able to snorkel the Great Barrier Reef, take a camel ride at sunset to Uluru or ride a horse at Cradle Mountain in Tasmania on your day off!

www.acnt.edu.au/affiliates

An interview with Helena Keenan, Spa Training Manager, Voyages

What is your position at Voyages?

My title is Spa Training Manager. It is a Group role and I am responsible for training the spa staff on all seven properties in the use of Sodashi Product and the menu of services at each spa. I also assist in the implementation of customer service standards and recruitment.

What can ACNT graduates expect when starting work with Voyages?

The Voyages ethos is to offer holiday experiences that nurture body, mind and soul. They do this by specialising in resorts or lodges that are located in remote and natural environments allowing guests to experience all the natural beauty that Australia has to offer. Hence, our spa menu reflects this with a focus on pampering and relaxation.

Where can they work?

Our spa facilities are located mainly along the Eastern seaboard of Australia beginning at Heron Island and moving up to Brampton Island, Dunk Island, Bedarra Island, Silky Oaks Lodge (in the Daintree Rainforest), and Lizard Island. Lastly but not least we have a beautiful facility at Cradle Mountain Lodge in Tasmania.

What is the quality of ACNT graduates?

ACNT graduates meet with the very high standards expected of our staff. They always demonstrate a good understanding of what is needed when working in a hospitality environment with strong customer service focus.

What are the career prospects for graduates?

For those who are interested in furthering their career within the spa industry, working within the Spa Division of Voyages is a wonderful way to get a solid grounding in their practice as a therapist but also to gain a strong knowledge in business management. For those who demonstrate the right leadership qualities there are career paths within Voyages to move up to Spa Supervisor and eventually to Spa Manager. This experience once gained can take you anywhere.



“Studying at ACNT has changed my life a huge amount, I feel that the world is my oyster now! I am well qualified and I am able to travel with my work. ACNT has really equipped me for work in a five star resort, the lecturers drill the five star service and quality into us and this is invaluable.”

Esther Castell
Spa Therapist, Lizard Island
Voyages

CIDESCO Accreditation

In 2003 ACNT was awarded the distinct honour of being named the first natural therapies school in Australia to become a CIDESCO International School.

Founded in 1946 with its head office in Zurich, Switzerland, CIDESCO is represented in over 33 countries and issues the world's most prestigious qualifications in the field of aesthetics and beauty therapy.

CIDESCO International Schools are overseen by CIDESCO to ensure that they adhere to the most rigorous standards of education, assessment and facilities and that graduates are of the highest calibre.

International qualifications are supported by industry and are easily transportable both nationally and internationally. Opportunities and advancement possibilities are much greater for CIDESCO Diploma holders and for those who are serious about building a career and not just having a job.

ACNT students have the added advantage of working towards ACNT qualifications, Australian Nationally Recognised Training qualifications as well as their international CIDESCO qualification(s).

ACNT Beauty Therapy Advanced Diploma students will automatically sit at least one CIDESCO examination. CIDESCO Diploma in Beauty Therapy

CIDESCO Diploma in Beauty Therapy

Many major international employers insist on the CIDESCO Diploma in Beauty Therapy for all therapists in their practices and spas. A CIDESCO Diploma gives graduates a distinct advantage against other practitioners as well as offering instant recognition in dozens of countries around the world.

Students studying any of ACNT's Advanced Diplomas of Natural Beauty Therapy will sit the CIDESCO Diploma examination as part of the course curriculum.

CIDESCO Diploma in Aromatherapy

This additional CIDESCO Diploma aims to broaden a therapist's knowledge in the field of aromatherapy. A therapist with both of these CIDESCO diplomas will be well placed to further their career both locally and internationally.



ACNT students studying the ACNT Advanced Diploma of Natural Beauty, Spa and Aromatherapy will sit both the CIDESCO Diploma and the CIDESCO Diploma in Aromatherapy examinations as part of the course curriculum.

CIDESCO Spa Diploma

The CIDESCO Spa Diploma is a prestigious qualification and is one of the first spa qualifications in the world. This diploma raises the level of professionalism in the spa industry.

ACNT students studying the ACNT Advanced Diploma of Natural Beauty and Spa Therapy will sit both the CIDESCO Diploma and the CIDESCO Spa Diploma examinations as part of the course curriculum.

Upgrade Opportunities for Graduates

As Australia's foremost natural therapies college, ACNT is able to offer opportunities for beauty therapists to continually upgrade their skills in many new areas that would not be available elsewhere.

Graduates of ACNT's beauty courses will have already completed a number of modules that are common with other courses at ACNT. ACNT beauty therapy graduates can upgrade their qualification to a number of other qualifications, including courses in massage therapy, nutrition, herbal medicine and even naturopathy.

www.acnt.edu.au/affiliates



“A sound practical and theoretical education is a prerequisite for the demanding role of the Skin and Healthcare Professional (Beauty Therapist) and ACNT is committed to ensuring that the highest standards are enhanced – for which we congratulate them always looking ahead.”

Helene Bramwell, Former President
CIDESCO International

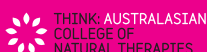


Please refer to the key on page 4

ACNT Advanced Diploma of Natural Beauty, Spa and Aromatherapy

Course Information

Nominal duration for fixed program: One year full-time
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:

Diploma of Beauty Therapy

NTIS Code: WRB50105, CRICOS Code: 061377F

CIDESCO Qualifications:

CIDESCO Diploma of Beauty Therapy

CIDESCO Diploma in Aromatherapy

ACNT Qualification:

ACNT Advanced Diploma of Natural Beauty,

Spa and Aromatherapy



What is Natural Beauty, Spa and Aromatherapy?

Natural beauty, spa and aromatherapy is a combination of three complementary modalities, natural beauty therapy, spa therapy and aromatherapy. Natural beauty and spa therapy is an integration of all the aspects of beauty therapy with a holistic approach to individual health and wellbeing.

Using ACNT's vast resources and knowledge of human health and natural therapies this course teaches beauty therapists to be professionals able to assist their clients, not only with beauty and spa treatments, but also with a wide repertoire of natural therapy advice and treatments specialising in aromatherapy.

This course teaches the use and benefits of natural skin preparations and the fundamental beauty therapy techniques such as facials, body wraps and exfoliation. All of this is comprehensively integrated with natural therapies such as massage and lymphatic drainage treatments and of course a solid grounding in aromatherapy.

Aromatherapy is the art of using the parts of a plant that produce its distinctive volatile aromatic chemicals, known as 'essential oils', in a wide variety of functions. This additional CIDESCO Diploma aims to broaden a therapist's knowledge in the field of aromatherapy.

Students who are particularly interested in aromatherapy are able to easily upgrade to the ACNT Diploma of Aromatherapy.

Spa Therapy Training

Spa Therapy is a multi billion dollar growth industry not just in Australia but around the world. ACNT has invested heavily in glamorous state of the art facilities for spa therapy training.

By gaining expertise in the use of various spa treatments such as stone therapy and hydrotherapy, ACNT graduates will have up to the minute skills which will open doors in both the spa and beauty therapy industries.

Industry Accreditation

This course leads to the world's most prestigious qualifications in the field of aesthetics and beauty therapy, the CIDESCO Diploma and the CIDESCO Diploma in Aromatherapy.

This course also leads to the ITEC (International Therapy Examination Council) Diploma, a leading UK based accreditation body. The ITEC Diploma is required by some employers, particularly in the UK, Japan and South Africa.

Separate examinations are held for CIDESCO and ITEC diplomas. CIDESCO fees are included in the ACNT fixed course cost. Additional fees are required for students wishing to sit the ITEC examination.

Upgrade Pathway

Graduates may then upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- Certificate IV in Aromatherapy

To learn more please contact a course advisor.

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid - HLTFA301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in the entire course will receive a comprehensive beauty therapy kit including an ACNT uniform jacket, a text book, manicure and pedicure instruments, nail enhancement instruments, brushes, sponges, a make-up cape, head band, two large towels and three small towels. The CIDESCO examinations are also included in the fixed course cost. Students paying module by module may purchase these items from 'Nourish - ACNT's Café and Bookstore' and must pay the CIDESCO examination fees separately.

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish - ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/6BA.



BEAUTY THERAPIES

ACNT ADVANCED DIPLOMA OF NATURAL BEAUTY AND SPA THERAPY



Please refer to the key on page 4



ACNT Advanced Diploma of Natural Beauty and Spa Therapy

Course Information

Nominal duration for fixed program: One year full-time
Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:

Diploma of Beauty Therapy

NTIS Code: WRB50105, CRICOS Code: 061377F

CIDESCO Qualifications:

CIDESCO Diploma of Beauty Therapy

CIDESCO Spa Diploma

ACNT Qualification:

ACNT Advanced Diploma of Natural Beauty
and Spa Therapy



What is Beauty and Spa Therapy?

Natural beauty and spa therapy is an integration of all the aspects of beauty therapy with a holistic approach to individual health and wellbeing.

Using ACNT's vast resources and knowledge of human health and natural therapies this course teaches beauty therapists to be professionals able to assist their clients, not only with beauty and spa treatments, but also with a wide repertoire of natural therapy advice and treatments.

This course teaches the use and benefits of natural skin preparations. The course teaches the fundamental beauty therapy techniques such as facials, body wraps, waxing and comprehensively integrates them with reflexology, aromatherapy, massage and lymphatic drainage treatments.

ACNT's most advanced spa course provides the history, practical application and advanced techniques in spa therapy enabling students to gain the world's most prestigious CIDESCO Spa Diploma. Graduates of this program will become some of the most highly qualified and sought after therapists in Australia and around the world.

Spa Therapy Training

Spa Therapy is a multi billion dollar growth industry not just in Australia but around the

world. ACNT has invested heavily in glamorous state of the art facilities for spa therapy training. Advanced spa therapy training is included as an integral part of this course.

By gaining expertise in the use of various spa treatments such as stone therapy, hydrotherapy and Indian Ayurvedic head massage, ACNT graduates will have up to the minute skills which will open doors in both the spa and beauty therapy industries.

Industry Accreditation

This course leads to the world's most prestigious qualifications in the field of aesthetics and beauty therapy, the CIDESCO Diploma and the CIDESCO Spa Diploma.

This course also leads to the ITEC (International Therapy Examination Council) Diploma, a leading UK based accreditation body. The ITEC Diploma is required by some employers, particularly in the UK, Japan and South Africa.

Separate examinations are held for CIDESCO and ITEC diplomas. CIDESCO fees are included in the ACNT fixed course cost.

Additional fees are required for students wishing to sit the ITEC examination.

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid - HLTFA301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in the entire course will receive a comprehensive beauty therapy kit including an ACNT uniform jacket, a text book, manicure and pedicure instruments, brushes, sponges, a make-up cape, head band, two large towels and three small towels. The CIDESCO examinations are also included in the fixed course cost. Students paying module by module may purchase these items from 'Nourish - ACNT's Café and Bookstore' and must pay the CIDESCO examination fees separately.

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish - ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/6BP.





Please refer to the key on page 4



ACNT Advanced Diploma of Natural Beauty, Spa and Nail Therapy

Course Information

Nominal duration for fixed program: One year full-time
For flexible delivery options consult a course advisor.
Course available by Flexible and Online Learning

Qualifications Awarded

Nationally Recognised Training Qualifications:
Diploma of Beauty Therapy
NTIS Code: WRB50105, CRICOS Code: 061377F
CIDESCO Qualifications:
CIDESCO Diploma of Beauty Therapy
ACNT Qualification:
ACNT Advanced Diploma of Natural Beauty,
Spa and Aromatherapy



What is Natural Beauty, Spa and Nail Therapy?

Natural beauty, spa and nail therapy is a combination of beauty treatments such as facial treatments, exfoliation, masks, wraps and nail therapy as well as the more traditional treatments such as manicures, pedicures and waxing.

This course combines three very popular and complementary modalities, natural beauty, spa therapy and nail technology, integrating natural therapy treatments such as aromatherapy, massage and reflexology.

Graduates of this program will become some of the most highly qualified and sought after therapists in Australia.

As Australia's leading natural therapies college ACNT authoritatively teaches the important science components such as anatomy, physiology, natural nutrition and aromatic chemistry and pharmacology.

Employers and other sources in the natural beauty industry world wide have indicated that this combination of therapies, together with ACNT's exceptional level of education, gives ACNT graduates a distinct advantage in the marketplace.

Spa Therapy Training

Spa Therapy is a multi billion dollar growth industry not just in Australia but around the world. ACNT has invested heavily in glamorous state of the art facilities for spa therapy training. By gaining expertise in the use of various spa treatments such as stone therapy and hydrotherapy, ACNT graduates will have up to the minute skills which will open doors in both the spa and beauty therapy industries.

Industry Accreditation

This course leads to the world's most prestigious qualification in the field of aesthetics and beauty therapy, the CIDESCO Diploma.

This course also leads to the ITEC (International Therapy Examination Council) Diploma, a leading UK based accreditation body. The ITEC Diploma is required by some employers, particularly in the UK, Japan and South Africa.

Separate examinations are held for CIDESCO and ITEC diplomas. CIDESCO fees are included in the ACNT fixed course cost. Additional fees are required for students wishing to sit the ITEC examination.

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid - HLTFA301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in the entire course will receive a comprehensive beauty therapy kit including an ACNT uniform jacket, a text book, manicure and pedicure instruments, brushes, sponges, a make-up cape, head band, two large towels and three small towels. The CIDESCO examinations are also included in the fixed course cost. Students paying module by module may purchase these items from 'Nourish - ACNT's Café and Bookstore' and must pay the CIDESCO examination fees separately.

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish - ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/6BN.



BEAUTY THERAPIES

DIPLOMA OF BEAUTY THERAPY



Please refer to the key on page 4



Diploma of Beauty Therapy

Course Information

NTIS CODE: WRB50105

CRICOS CODE: 061377F

Nominal duration for fixed program: Nine months full-time

For flexible delivery options consult a course advisor.

Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:

Diploma of Beauty Therapy

NTIS Code: WRB50105, CRICOS Code: 061377F



What is Beauty Therapy?

The Diploma of Beauty Therapy is the highest qualification available from the national training package. The fundamental beauty therapy techniques are taught including facials, waxing, manicure and pedicure services, body treatments etc. The course then expands into specialist treatments such as spa, hydrotherapy, reflexology, aromatherapy and lymphatic treatments, so that graduates are able to operate as a professional beauty therapist with a wide variety of treatment modalities. Graduates of this program will become some of the most highly qualified and sought after therapists in Australia. International accreditations and examinations are not included in this course.

Upgrade Pathway

Graduates receive a Diploma of Beauty and may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- ACNT Advanced Diploma of Beauty and Spa Therapy
- ACNT Advanced Diploma of Beauty, Spa and Nail Therapy
- ACNT Advanced Diploma of Beauty, Spa and Aromatherapy

To learn more please contact a course advisor.

Industry Accreditation

Graduates of this course may be eligible to sit ITEC (International Therapy Examination Council) Diploma examinations. Separate fees are payable. ITEC is a leading UK based accreditation body

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid - HLTF301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish – ACNT's Café and Bookstore

Students enrolling in the entire course will receive a comprehensive beauty therapy kit including an ACNT uniform jacket, a text book, manicure and pedicure instruments, nail enhancement instruments, brushes, sponges, a make-up cape, head band, two large towels and three small towels.

Students paying module by module may purchase these items from 'Nourish – ACNT's Café and Bookstore' or online at www.acnt.edu.au/nourish and must pay the CIDESCO examination fees separately.

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/5BT.



BEAUTY THERAPIES

CERTIFICATE IV IN BEAUTY THERAPY



Please refer to the key on page 4



Certificate IV in Beauty Therapy

Course Information

NTIS CODE: WRB40105

CRICOS CODE: 061979B

Nominal duration for fixed program: 20 weeks full-time

For flexible delivery options consult a course advisor.

Course available by Flexible and Online Learning



Qualifications Awarded

Nationally Recognised Training Qualifications:

Certificate IV in Beauty Therapy

NTIS Code: WRB40105, CRICOS Code: 061979B



What is Certificate IV in Beauty Therapy?

This qualification is an entry level credential for those wishing to gain employment in the exciting beauty industry. It covers the same core content and fundamental beauty therapy treatments as the Diploma, but does not expand into the specialist treatments and modalities. Graduates will be able to work as a professional beauty therapist, providing advice and performing the common beauty therapy treatments. It is also a pathway into the higher level qualifications such as the diploma of beauty therapy.

Upgrade Pathway

Graduates receive a Diploma of Beauty and may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- Diploma of Beauty Therapy
- ACNT Advanced Diploma of Beauty and Spa Therapy
- ACNT Advanced Diploma of Beauty, Spa and Nail Therapy
- ACNT Advanced Diploma of Beauty, Spa and Aromatherapy

To learn more please contact a course advisor.

Industry Accreditation

Graduates of this course may be eligible to sit ITEC (International Therapy Examination Council) Diploma examinations. Fees are payable. ITEC is a leading UK based accreditation body

Clinic Training and First Aid

This course requires the completion of practical clinical training and the completion of 'Apply First Aid - HLTFA301B'. Please refer to page 7 for more information.

Course Inclusions

Students enrolling in this course will have access to electronic notes via the student learning portal. Printed notes may also be purchased from Nourish – ACNT's Café and Bookstore

Additional information

Complete module list, unit of competencies and more detailed information is available at www.acnt.edu.au/4BT.



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Think: Education Group is distinguished by its commitment to providing innovative, industry relevant degree and vocational courses at the highest levels. This not only provides students with a guarantee of quality but also a unique learning experience that sets them apart from other college and university graduates.



Contact

If you would like more information on any of the material presented in this brochure, please visit our website or contact one of our advisers.

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For updates, please visit our website at www.acnt.edu.au

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Information provided in this brochure is current at the date of publication, and may be subject to change.